

# info matters



A newsletter to all Medical Specialists and GPs throughout the Auckland and Northland regions

DECEMBER 2010

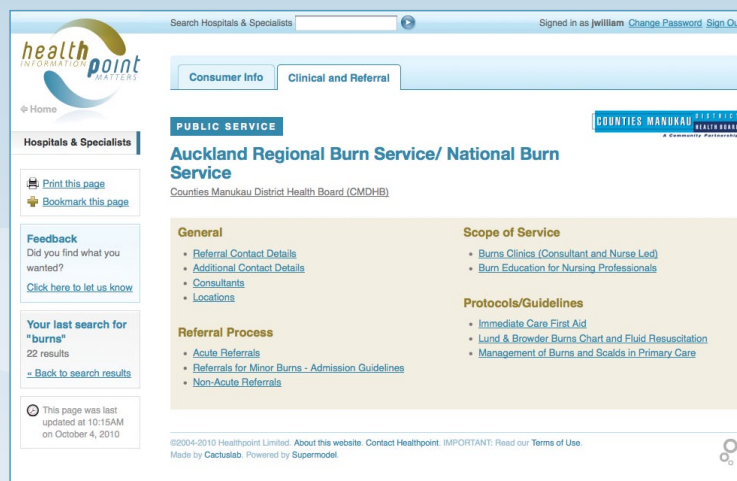
## Healthpoint News

### Have you checked all the private specialist profiles now on Healthpoint?

Detailed information on over 80% of private medical specialists in the Northern Region. Find by name, specialist area, specific condition or procedure.

Have you seen the new menu format for easy access to information about all your DHB referral, clinical and management questions?\*

\* You must sign in to see secure DHB referral information



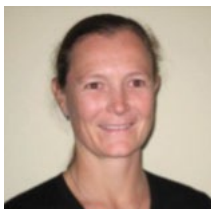
## Check out the private specialists who have new profiles on Healthpoint

### Dr Jacqui Allen,

otolaryngologist, is an international expert in disorders of the voice and swallowing.

Trained in New Zealand, Dr Allen has worked in the United Kingdom and United States before returning home to New Zealand to establish Auckland Voice and Swallow, the first centre specialising in the diagnosis and management of all voice and swallowing disorders.

For an appointment at her rooms at Gillies Hospital & Clinic, please call: 027 256 9437 or visit [www.voiceandswallow.co.nz](http://www.voiceandswallow.co.nz)



### Mr Robert Aspoas is a

South African trained neurosurgeon who completed higher surgical training in neurosurgery at Newcastle General Hospital in England before immigrating to New Zealand. He is a surgeon at Auckland DHB Neurosurgery department and has consulting rooms at Auckland Medical Specialists, 183 Gillies Ave. He has specific interest in Neuro-oncology, Cerebro-vascular and Degenerative Spinal Diseases.

For appointments and enquiries, please call: 09 638 9945



### Dr Kev Appleton,

director and a U.K. trained consultant psychiatrist works as part of a multi disciplinary team providing evidence based psychological medicine for children, youth, families and adults.

Established for 8 years, Starfish Clinic provides services to clients in Auckland and beyond.

We offer face to face assessment and treatment but also use telemedicine (phone, text, email, Skype) both within New Zealand and overseas.

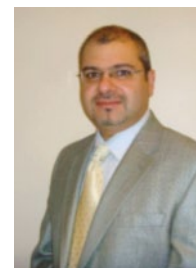
Information about Dr Kev Appleton and Starfish is on their website [www.starfish.org.nz](http://www.starfish.org.nz)



Mr Ali Bayan is a New Zealand trained orthopaedic surgeon specialising in hip and knee joint replacement surgery including hip resurfacing, computer assisted joint replacement in addition to arthroscopic cartilage and ligament sport injuries, management of foot and ankle disorders and trauma orthopaedic surgery.

He fulfils his public service at WDHB and has private rooms at Southern Cross – North Harbour and Glenfield and also at White Cross Glenfield and Henderson, and Coast Care – Red Beach.

Phone: 09 441 2740 for an appointment



[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

providing information on referral guidelines, description of services, treatments & procedures, treatment guidelines, waiting times, charges, consultant profiles, location details and maps

**Mr Murray Beagley** has moved his practice 'Plastic Surgery Auckland' to new purpose built rooms at Suite 6, 9 St Marks Road, Remuera.

He has just returned from sabbatical leave from Middlemore and Starship Hospitals. During this time he travelled to Europe and USA where he furthered his knowledge in male and female genital surgery and paediatric hand surgery.

**Contact details: Phone: 09 529 2029**



## Birthcare

- Free LMC midwife care
- Free labour and birth
- Free postnatal stays

Birthcare provides full maternity care including labour, births, postnatal stays, midwifery teams, ante and postnatal classes.

Our aim is for parents to leave rested and confident in themselves and their parenting skills. We are located at 20 Titoki Street, Parnell, Auckland.

**For further information phone 09 374 0800 or visit our website [www.birthcare.co.nz](http://www.birthcare.co.nz)**



**Mr Stuart Caldwell** is a UK trained, NZ vocationally registered general and specialist vascular surgeon working at Middlemore Hospital and privately. His specialist expertise is in all aspects of arterial and venous diseases. He has private clinics at Ormiston Hospital and Manukau Health Trust.



**Ormiston Phone: 09 277 8249, Fax: 09 277 8248**  
**Manukau Health Trust Phone: 09 277 1648, Fax: 09 277 1649**  
**e-mail: [stuart.caldwell@middlemore.co.nz](mailto:stuart.caldwell@middlemore.co.nz)**  
**Mobile: 021 0239 4608**

**Dr Paul Casey, MBChB, FRACP** is a New Zealand trained gastroenterologist experienced in all areas of gastroenterology. He completed a fellowship in upper GI motility disorders at the Royal Free Hospital in London and has a special interest in this area of gastroenterology.



His consulting rooms are at Eastcare Specialist Centre, Pukekohe Family Health Care and Manukau Health Trust. He performs gastroscopy and colonoscopy at Ormiston Hospital and Manukau Health Trust. For contact details please see his Healthpoint profile.

**Affiliated Southern Cross provider for endoscopy at Ormiston Hospital and Manukau Health Trust.**

**Mr Ashwin Chunilal** is a NZ trained plastic surgeon specialising in breast, head and neck, and cancer reconstructive surgery. He completed clinical fellowships in Toronto and New York and then completed a cosmetic surgery fellowship in Australia before returning to work in the plastics department at Middlemore Hospital, Auckland. He has recently taken over the North Shore Plastic and Cosmetic Surgery Clinic previously established by John de Geus, and he also works at the Auckland Breast Centre.



**For appointments and enquiries, please contact Linda on 09 489 8374**

## Dr Adrian Harrison

has been a respiratory physician at Auckland DHB since 1979 and in private since 1989. He welcomes referrals and enquiries for patients with conditions across the respiratory spectrum. He has particular interest in the areas of cough, bronchiectasis, and mycobacterial lung diseases. He gives priority to the rapid investigation of lung cancer and drainage of pleural effusions. He is interested in smoking cessation and general motivation.



**Consulting rooms: Mercy Specialist Centre, 100 Mountain Road, Epsom.**  
**Please phone: 09 623 1170 or Fax 09 623 1172**

**Dr Rachael Harry** is a specialist hepatologist working at the national liver transplant service based at Auckland City Hospital and now also, in private, at the MacMurray Centre, Auckland. She has a wide range of experience in all aspects of hepatology and would be happy to see your patients with any kind of liver disease, usually within a week of referral.



**Contact for appointments and inquiries: please phone the MacMurray Centre by phone 09 550 1080, Fax 09 550 1081 or email [admin@macmurray.co.nz](mailto:admin@macmurray.co.nz)**

## Dr Paul Jarrett, FRACP

is a dermatologist working at Counties Manukau District Health Board. He consults privately at the Manukau Health Trust.

His clinical and research interests are in medical dermatology including cutaneous aspects of connective tissue disease.

**Contact details:**  
**Manukau Health Trust**  
**Phone: 09 277 1648, Fax: 09 277 1649**  
**PO Box 98 767, Manukau City, Auckland 2241**



## One Stop Thyroid & Neck Lump Management

Dr Nick McIvor has 20 years of experience with thyroid and head and neck cases. He performs his own ultrasound and ultrasound-guided needle biopsies on thyroid, parotid and other neck lumps at the same sitting.

Patients are assessed clinically and where appropriate with ultrasound and ultrasound-guided needle biopsy. They return the following week for results.

Patients therefore do not require ultrasound assessment prior to referral, potentially saving time (2 visits) and money. A concise referral is all that is required.



DO YOU HAVE PATIENTS WHO NEED A COLONOSCOPY OR A GASTROSCOPY...

...AND WHO HAVE SOUTHERN CROSS HEALTH INSURANCE?

MercyAscot Endoscopy is now an Affiliated Provider to Southern Cross Health Society so you can continue referring your patients to us. To view referral guidelines, visit [mercycscot.co.nz](http://mercycscot.co.nz)

MercyAscot Endoscopy  
MercyAscot Hospital 98 Mountain Road, Epsom  
PO Box 9911, Newmarket, Auckland 1149  
Healthlink ID: escopema  
Phone: 09 623 5725 Fax: 09 623 5704

MercyAscot Endoscopy North Shore  
46 Taharoto Road, Takapuna North Shore City 0622  
Healthlink ID: escopema  
Phone: 09 486 4346 Fax: 09 486 4347

## Mr Michel Neeff, FRACS

is a paediatric and adult ENT surgeon, with post-fellowship training in Neurotology, Skull Base Surgery, and Cochlear Implant Surgery. He is based in Remuera, Auckland (ENT Associates) but also works at Starship Children's Hospital and Auckland City Hospital.

Contact details: Phone: 09 529 0399,  
Fax 09 529 0599



## Dr Edwin Ozumba

has extensive experience in O&G. He holds FRCOG, FRANZCOG, M.Obstet, Gynae, FFSRH and Grad.Cert.Clin.Ed. He consults at SAMCL, Manukau, Manukau Health Trust, and operates at Ascot, Brightside and Ormiston Hospitals.

For appointments contact 09 263 4012  
or 021 976 456.



**Quay Park Surgical Centre** is a private surgical unit near Parnell, in front of Vector Arena. Established in 2001, we have a team of highly qualified & dedicated staff. The centre is certified with 3 theatres, a day stay and 24 - 48hr overnight suite.

Our specialties include, but are not limited to: General, Oral & Maxillofacial, Paediatric, Plastic Reconstructive, Laparoscopic, Paediatric Dental, Orthopaedic – hand, upper limb and foot surgery.

See our Healthpoint profile, visit [www.quayparksurgical.co.nz](http://www.quayparksurgical.co.nz)  
or phone: 09 919 2500

If you are interested in profiling yourself and your services please email [info@healthpoint.co.nz](mailto:info@healthpoint.co.nz)  
or phone 09 630 0828

## Dr Anil Sharma



Whilst still offering Mirena or hysterectomy for heavy periods, Anil also has the largest NZ case-series of Novasure endometrial ablation, a day case therapy which leads to amenorrhoea in around 70% and light periods in 20%. He also offers urodynamic studies and advanced pelvic floor surgery (latest generation mesh and non-mesh) and all general Gynae.

The Remuera practice has just won 2 design awards and he continues to visit Botany. There will be a new clinic on the Shore (Glenfield) starting in February 2011. He continues to undertake Gynae / Urogyn at WDHB as well. Please contact Anne on 09 520 0745, Fax 09 520 0743. [www.dranilsharma.co.nz](http://www.dranilsharma.co.nz)



## Southern Cross Hospitals' new Intermediate

Care Facility at North Harbour is a specialised post-operative ward for patients requiring an enhanced level of monitoring and care, and the first private facility of its kind on Auckland's North Shore. Developed in consultation with medical specialists and consultant anaesthetist, Dr John Foy, the ICF features include state-of-the-art dynamic monitoring equipment and a specially trained nursing team.

Contact: 09 443 2266

## Mr Dev Tandon

is a general otolaryngologist with over 20 years experience. He has mostly been involved in nasal and sinus diseases. Currently endoscopic management of these diseases are of special interest to him. He also continues to be a general otolaryngologist (tonsillectomies, adenoidectomies, grommets and myringoplasties).

For appointments please call his rooms  
at ENT Associates on 09 529 0399



## Mrs Stephanie Ulmer

is a NZ trained general surgeon who specialises in BREAST and OBESITY SURGERY along with other general surgical procedures. She has spent time in Australia and the UK training.

*"I believe that comprehensive patient consultation and follow-up is the key to excellent results for your patients"*

*Steph*



My private rooms are at Laparoscopy Auckland, 148 Gillies Ave.

For appointments and enquires please contact 09 623 8528  
[www.betterlifesurgery.co.nz](http://www.betterlifesurgery.co.nz)



## Mr David Vokes –

Otolaryngologist, Head and Neck Surgeon

David is the first otolaryngologist in NZ to complete Fellowship training in Laryngology (voice and swallowing disorders). His subspecialty interests also include head and neck surgery. As well as being a consultant at Auckland City Hospital and North Shore Hospital, David consults in private at ENT Associates on Remuera Road.

Contact details: Phone: 09 529 0399, Fax: 09 529 0599  
[www.entassociates.co.nz](http://www.entassociates.co.nz)





## Auckland DHB

### Starship Radiology

Efforts are being made to improve GP access to paediatric radiology at Starship. Timeliness of reporting is also a focus for improvement.

All GP request forms should be faxed to 09 375 4310 directly to SSH Radiology. They are vetted daily and Starship will assign urgent priority if you let them know the case is urgent. Please ensure that your own practice phone number is on the form. Some of the computer generated forms do not automatically include the GP phone number.

Please note that plain films and ultrasound can be done the same day if it is urgent.

Currently Starship is endeavouring to fax GP reports the same or next day. A Starship radiologist will phone you if there is a major radiological finding (if you have included your phone number).

**If you have a particular query, you can phone 09 307 2836 (direct line to SSH Radiology) and ask to speak to a radiologist. Or try Dr Sally Vogel (Director) on 021 631 122 or Dr Russ Metcalfe (Tuesdays through Fridays) on 021 889 232.**

### General Surgery Update

The implementation of the new Acute General Surgery assessment team at Auckland – a national first – has been a success and is being expanded with an extra consultant in the New Year.

A dedicated team of consultants, registrars and a nurse specialist ensures patients are assessed sooner, have quicker pain relief and shorter waits for surgery.

This has had an impact already on elective flows, making elective surgery more streamlined for our patients.

**If you have a patient with an acute general surgery problem please phone the on duty surgeon on 021 938 931.**

A reminder that screening colonoscopy is not performed at general surgery unless as a follow up for bowel cancer treatment.

Screening referrals are made to the Gastroenterology department under their acceptance criteria published on Healthpoint.

**Doctor: KMcDonald@adhb.govt.nz**

## Waitemata DHB

### New GP Initiative

Waitemata DHB has recently agreed for Healthpoint to list all our region's GPs on the site. Healthpoint are leading this initiative for us with Michelle Brock and Will Mitchell joining the team to focus on contacting the GPs and ensuring they are all aware of the benefits of Healthpoint from a GP perspective. Michelle and Will are training on the site usability aspect, along with the information management and site maintenance to ensure all relevant information remains current. We believe this will result in the region's population finding it easier to find a GP in their area.

### Tonsillectomy Score Sheet to the ENT Listing

The ENT listing has introduced a "Tonsillectomy referral criteria score sheet", which can be found in the Protocols/Guidelines title of the Clinical and Referral section. In here are a number of sections with exclusion criteria. These tally to a total ranking to see if the patient qualifies for immediate placement on the booking list for either the appropriate tonsillectomy/adenotonsillectomy surgery. Points must equal 40 or more to qualify.

If you can't find what you are looking for on Healthpoint, or if you think the information on Waitemata DHB services can be improved, please let us know.

**Contact Joan Duignan by emailing Joan.Duignan@waitematadhb.govt.nz or phone 09 486 8920 ext 2037**



## Counties Manukau DHB

### New Information Added

- Maternity: Patient information pamphlets for pregnant women and customised growth chart
- Obstetrics and Gynaecology: Customised Growth Charts & Monitoring of Fetal Growth
- General Surgery: Bariatric Surgery Referral Assessment Questionnaire updated
- Needs Assessment & Service Co-ordination: Referral form updated

### GP Noticeboard

The latest news and updates from within CMDHB are added to the GP Noticeboard. Please check on the noticeboard regularly. Go to the CMDHB Clinical and Referral Services Directory and select 'GP Noticeboard' from the links on the right hand side of the screen.

### New Service – Asian Mental Health

The Asian Mental Health service offers a number of services to the general public, health professionals, mental health service users and their family members. View the information on Healthpoint for more details.

### General Practitioner & Practice Nurse Training Sessions

10 minute Healthpoint training sessions are available for GPs and Practice Nurses. During the training session, you will receive a username and password allowing you access to secure referral and clinical information for services. If you would like to arrange a training session at your practice, please contact:

**Debbie Phillips, CMDHB Web Communications Co-ordinator**

**Phone: 09 276 0044 ext 9077**

**Email: debbie.phillips@middlemore.co.nz**

## Northland DHB

Our current focus for our NDHB Healthpoint site is not on extending the services listed but on developing a consistent and user friendly format.

After a recent GP user meeting we now have the direction we needed to start re-organising the sites. A core information set has been identified by your peers as being the most useful. This includes contact information about both the clinical and non-clinical staff in each service and information as to what conditions are seen and for these what are the referral criteria and referral information required. Where a specific service is not available we will endeavour to provide information to non public hospital alternatives. Over the next few months each site will be reorganised to provide this information set and we very much welcome feedback on any other improvements you can suggest.

The other key learning from the meeting was the need for us to undertake some education for both GPs and nurses on how to get the best from the site. We are working on developing a set of training alternatives to meet as many of your varying needs as possible.

A development you may not have noticed is that when you click on the "referral info" tab in the e-referrals this now takes you to the new index page for the service. From here you can see all the information available and then go directly to what you desire. This is a big improvement to help navigate the site better and we hope to be bringing further improvements in the up-coming year.

