



Pre-biopsy clinic appointment information

Please read this information before attending your
Pre-biopsy clinic appointment

You have been referred to the urology service for prostate ultrasound and biopsy procedure. This is because your prostate blood test was higher than normal for your age or your prostate may have felt enlarged or abnormal when you had a rectal examination.

Before you are scheduled for a prostate ultrasound and biopsy procedure you will be seen by a nurse at a pre-biopsy clinic appointment. He / she will explain what to expect from the prostate procedures. Please read the prostate biopsy information sheets provided, before you attend the pre-biopsy clinic appointment.

Pre biopsy clinic appointment

You will be required to do a flow rate test at the pre-biopsy clinic. This involves you passing your water (urine) into a special machine. You are able to do this in a private environment. Please see the enclosed '**Flow rate**' information sheet.

Please come to the pre-biopsy clinic with a full bladder

The nurse will take a brief history. Blood and urine tests and a rectal swab will be done at this time. The results of these tests will enable us to prescribe appropriate antibiotics to minimise the risk of you developing an infection after the biopsy. You will be required to take antibiotics prior to your procedure and will be given further instructions by the nurse during your clinic visit regarding this.

Bring a list of any medications you are on, and any known allergies

If you are on any medication that thins the blood

(e.g. Warfarin, Plavix / Clopidogrel, Persantin, Aspirin) please let the nurse know as he / she will advise you if these need to be stopped prior to your procedure.

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This information is correct at date of issue. Always check in the relevant Waitemata DHB policy manual that this copy is the most recent version.