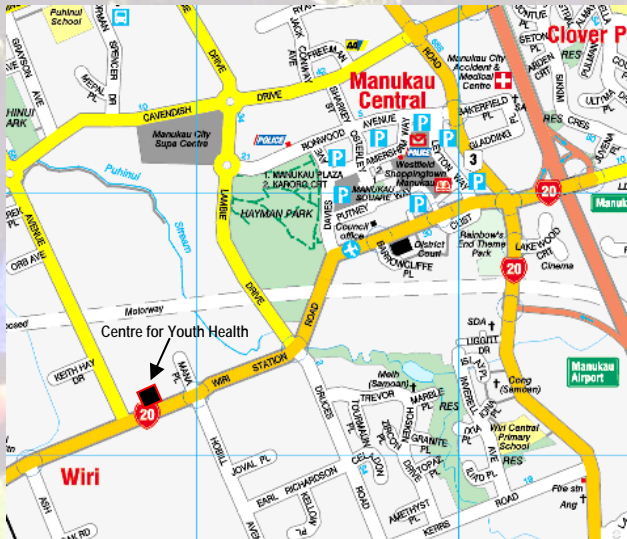


Our location



Parking

There is very limited parking on site. We recommend you park in Plunket Avenue or Mana Place.

Contact details

Kidz First Children's Hospital & Community Health Centre for Youth Health

Physical Address
95 Wiri Station Road
Manukau 2104

Postal Address
Private Bag 93311
Otahuhu 1640
Auckland

Phone: (09) 261 2272
Fax: (09) 261 2273

E-mail: cfyh@middlemore.co.nz

Website:

<http://www.healthpoint.co.nz/default,23135.sm>

Centre for Youth Health

Towards young people's health and wellbeing



**We are NOT an emergency service.
In an emergency please contact your local GP**



Who we are

The Centre for Youth Health was established in 1996 by Counties Manukau District Health Board. We deliver a range of specialist youth health services throughout Counties Manukau region.

Our team

The multidisciplinary team includes:

- Social Workers
- Youth Health Nurses
- Librarian
- Youth Health Physicians
- General Practitioner
- Administrator

What we do

- Promote the wellbeing and healthy development of young people in the context of their family/whanau
- Provide young people with comprehensive clinical health assessments.
- Provide advocacy and support to health professionals working with young people
- Collaborate with other researchers in a range of relevant adolescent health research projects
- Promote and support policy, planning and legislation that addresses the healthy development and wellbeing of young people.

Our services

- **Clinical Services:** We offer 3 specialist clinics for young people aged 12-20 years who:
 - Have chronic or complex health issues, for example, where a young person has a health condition that impacts or reduces their lifestyle.
 - Attend Alternative Education Programmes.
 - Have diabetes.
- **Education & Training:** Delivery of a wide range of seminars and workshops in youth health to health providers and others working with young people. Contact us for the latest calendar or to discuss education and training opportunities.
- **Resource and Information Service:** Provides information about child and youth health topics for communities, young people, health providers/workers and whanau/families.

Email:

healthinfo@middlemore.co.nz

Library hours

Wednesday—Friday

9am – 2pm

(or other times by appointment)

Where we work

- Outpatient Clinics held at Building 39 Western Campus Middlemore Hospital, Pukekohe Hospital and Botany/Manukau Superclinic
- Alternative Education schools
- In the Community
- Home & School

How to refer

Referrals are received from hospital departments/services, general practitioners, public health nurse, schools, medical specialists, community youth services, private health professionals and family and young people.

Post, email or fax referrals to:

Kidz First – Centre for Youth Health

Private Bag 93311, Otahuhu

Phone: (09) 261 2272

Fax: (09) 261 2273

Email: cfyh@middlemore.co.nz

Hours

MONDAY – FRIDAY

8am – 4.30pm

(excluding public holidays)