



# MERCY ANGIOGRAPHY UNIT Ltd



Your cardiologist has arranged for you to have your angiographic procedure at the **Mercy Angiography Unit**.

Please report to the **MERCY INTEGRATED HOSPITAL ADMISSIONS DESK - Ground Floor – Main Building - 98 Mountain Road, Epsom**

**ON**

**AT**

You will be met by a nurse and accompanied to the **CARDIAC INVESTIGATIONS UNIT (CIU)** where you will be for the duration of your stay. CIU is an open plan ward especially designed to maintain a high level of safety and observation of patients. The direct telephone number for CIU is +64 9 623 5752 for use on day of procedure

## PREPARATION

Please have **nothing to eat** for two hours before your admission time. You may continue to **drink clear fluids** i.e. water, weak black tea (**not** fruit juice, milk or coffee) until the time of your admission

## MEDICATION

Please take your routine medications with water. If your procedure is 11 a.m. or earlier omit any diuretics (water tablets) e.g.

- |                     |              |
|---------------------|--------------|
| ▶ Lasix (Frusemide) | ▶ Moduretic  |
| ▶ Aldactone         | ▶ Dyazide    |
| ▶ Bendrofluzide     | ▶ Neo-naclex |
| ▶ Aprinox           | ▶ Amiloride  |
| ▶ Navidrex          |              |

**If you are a diabetic or have any allergies, please inform us at the time of booking.**

For diabetics, your medication regime needs to be discussed with your cardiologist.

If you take aspirin/cartia it is important that you **do** take it.

Please inform us if you take warfarin.

Please bring all your medicines with you along with any blood test results, recent chest X-Rays or ECG's.

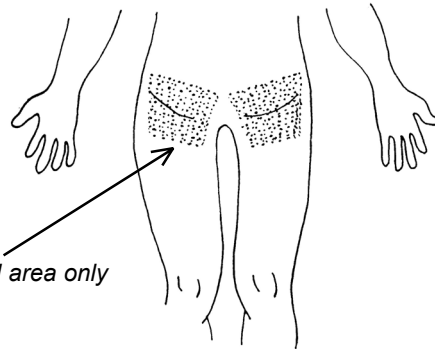
A friend or family member may accompany you.

You are welcome to bring your favourite music CD as we can play this for you during your procedure.

## AREA TO BE SHAVED

Part of your groin area will need to be shaved, as this is where we gain access to the artery. If you wish to do this yourself, see the diagram to the right, or the ward staff can assist you with this.

*Shave the shaded area only*



## DURATION OF STAY AND DRIVING

**Someone must stay with you overnight after the procedure.**

Angioplasty patients will often be required to stay in hospital overnight.

You are advised not to travel out of Auckland on the day of the procedure. If you require accommodation near the hospital, the staff in the Angiography Unit will be able to assist you with this.

**You will need to be driven home and should not drive for the remainder of that day.** The Land Transport Safety Authority (LTSA) recommends that you do not drive for 48 hours after angioplasty.

Prior to your discharge the ward staff will give you advice about resuming your normal daily activities.

Our phone number is **+64 9 630 1961**. Mercy Angiography administration staff are available out of hours for any queries on **027 482 0763**. Or you can check our Website: **[www.mercyangiography.co.nz](http://www.mercyangiography.co.nz)**

### HOSPITAL LOCATION MAP FOR YOUR CONVENIENCE

