

PROFILE FOR LINDA GOW

Linda Gow is an experienced Registered Clinical Psychologist who qualified at Victoria University of Wellington in 1986. She spent 18 years working in England for the National Health Service in both Adult and Child and Adolescent Mental Health services and was the Lead Clinician/Manager of a Clinical Psychology Service in Birmingham prior to returning to New Zealand in December 2005. Over this time she worked with clients from primary care through to psychiatric inpatient settings so has extensive knowledge of both diagnosis and treatment approaches including Cognitive Behaviour Therapy, Dialectic Behaviour Therapy and Systemic Family Therapy.

She worked as the Lead Clinician for the Regional Youth Forensic Service in Auckland from February 2006-May 2010. She left this role to move into full time Private Practice. Her current work spans from assessment and therapeutic work for Child Youth and Family to Primary Care referrals from GP's to Youth and District Court specialist assessments. She is also ACC registered and is applying to be on the list of Family Court Counsellors.

Specific areas of expertise include assessment and therapeutic work with adolescents and adults with Asperger's Disorder, couple and family therapy, cognitive assessments, specialist court reports and working with Post Traumatic Stress Disorder in children, adolescents and adults. She is also available to provide consultation and supervision to other professionals and bespoke training packages.