

Faitamaga he vaitaimi gali mo te olalelei



Ulaula ma meainu malohi e hē Haoloto

Hikaletī ma meainu malohi ni konahia e afāina ai te olalelei ma te tuputupu ake o tau pepe.



Maufaufau Olamanuia Amanakia

Tauhiga o to maufaufau olamanuia he vaega tāua mo te tauhiga o tau pepe.



Togafiti puipuia

Togafitiga puipui i hōhe faitama e puipuia koe ma tau pepe mai te tale vivini (pertussis) ma fulū (influenza) E HAOLOTO.



Takoto i to itū

Takoto i to itū kafai e mālōlō, tulemoe pe moe, mai te 28 vaiaho o te faitama ke mautinoa ko tau pepe e maua te lahi o te okehene.



Kai Olalelei

Kaiga o meakai olalelei e tāua mo to olamanuia ma te ola manuia o tau pepe.



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Mafaufau Olamanuia
Amanakia



Togafiti puipuia



Takoto i to itū



Kai Olalelei

