Your follow up appointment is

at the Wellington Eye Outpatient Dept

Level 9
Grace Neill Block
Wellington Hospital

Outpatient Department
Kenepuru Hospital

It is very important to come to this follow-up appointment to make sure all is well with your eye.

After Hours Medical Centres

Kenepuru Hospital Accident and Medical:
(04) 918 2300

Paraparaumu – Team Medical Coastlands Shoppingtown:
(04) 298 2228

Waikanae:
(04) 293 6002

Accident & Urgent Medical Centre Wellington:
(04) 384 4944

Healthline:
If you are unsure if you need to visit your GP or After Hours Medical Centre you may wish to call Healthline for free advice. Call anytime on
0800 611 116

Capital & Coast
District Health Board
ŪPOKO KI TE URU HAUORA

Eyelid Surgery

Post operative care and advice for patients

Surgical Services — Ophthalmology

Capital & Coast
District Health Board
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What to expect after the operation

- If you have an eye patch, this should be removed the morning after the operation. Please do not replace it.
- The eyelids should be cleaned before giving any eye drops (See the instruction sheet so you know how to do this).
- Avoid touching the eye.
- You can expect the eye to be red.
- You can expect some swelling around the lids.
- Do not poke, rub or scratch your eye.

Pain Relief may be needed

- Mild discomfort may be experienced.
- Paracetamol can be taken to help with the pain. A maximum of 2 tablets (1 gram) 4 hourly. No more than 8 tablets (4 grams) in a 24 hour (1 day) period.

After a general anaesthetic

- The effects of the anaesthetic may be present for 24–48 hours.
- A slight cough may be present.
- Resting is recommended.
- Normal activities may be resumed within 2–3 days.

Contact a Doctor for help if you have the following:

- You are taking regular pain relief and are still in pain.
- Decreased vision.
- Have any bleeding that does not stop.

Contacting us:

If you have any concerns or questions regarding your operation please call the Eye Outpatient Department on:

(04) 806 2650
Monday to Friday 8.30am – 4pm

For after hours emergencies contact:

The Emergency Department at your nearest hospital, your General Practitioner or one of the After Hours Medical Centres (see rear of brochure).

Please take this brochure with you.