Family/Whanau

- Delivery of care by MHSOP is underpinned by respect for all those who use our service.
- Wherever possible we involve Family or Whanau in our assessment, treatment and case planning.
- We are keen to support those who are looking after a member of their Family or Whanau.
-

Maaori Mental Health

- Access to cultural expertise, such as Kaumatua is ensured.
- MHSOP works to protect and enhance the cultural safety of Tangata whaiora and their Whanau.

Pacific and Other Nations

- MHSOP philosophies of care reflect Pacific nations values & principles, and those of other cultures

How to Contact Us

We have one phone number that is answered 24 hours:
09 270 9797

We also have a dedicated email address for referrals:
MHSOPreferrals@middlemore.co.nz

How to Access Us

- We prefer referrals from your GP. This is to allow for follow up for when we discharge you back to your GP.
- Sometimes people self refer.
- Referrals can be made by phone or by letter.
- We have a dedicated Triage Clinician who monitors and prioritises all client referrals.

COUNTIES MANUKAU DISTRICT HEALTH BOARD
A Community Partnership

COUNTIES MANUKAU DISTRICT HEALTH BOARD
A Community Partnership

Koropiko
Mental Health Services for Older People (MHSOP)

Phone: 09 270 9797
Fax: 09 276 0222

Hours of Service:
Monday to Friday
8:00am to 5:00pm

Middlemore Hospital

Our Service

We are a Mental Health Service with skills in looking after people over 65 years of age:

- Who have developed mental health issues in this period of their lives or who have a recurrence of a previous illness.
- Who have developed memory problems and may have emotional problems related to this.
- We do work with some people under 65 who have developed dementia/memory problems and for whom we would provide the best ongoing support

Our Aim

To improve the health of the older person, in partnership with that person, their Whanau and/or their carers.

To provide individualised treatment and support, promotes independence and utilise client's strengths.

Our Team

We have a team of dedicated Mental Health Professionals who have expertise in supporting and working with older people.

As we are part of a teaching hospital, on occasions there will be students accompanying our staff. Please let us know if you are not comfortable with this.

The Area We Cover

Eastern Suburbs
Manukau City
Franklin
South to Kaiaua

What we can provide

- Home based assessments, treatment and support
- Specialised and comprehensive assessments
- Treatments such as medications and psychotherapy
- Liaison with other services
- Advice & support for Carers and family.
- Admission to our assessment & treatment ward if required.
- Education and Advocacy in the areas of mental health services for older people.
- We also can provide help with issues around bereavement, elder abuse issues, driving risks, residential home placement and legal competency assessments.

Client Rights

We welcome all feedback.
You will be given a 'your rights brochure' and a feedback form at first contact with a Team Member.