

Ka fatu a koe, ko e magahala aia ke malolo lahi a koe



Nakai Ula moe Inu Kava

Ko e tau kona he tapaka ula moe tau kava ka fakakelea
aki e moui malolo moe lahiaga he tama mukemuke haau.



Malolo e Loto Manamanatu

Leveki e loto manamanatu haau ke leveki
mitaki aki e tama mukemuke haau.



Huki

Huki he magahala ka fatu a koe ke puipui aki e tama
mukemuke haau ke nakai moua e koho loa (Pertussis) moe
fulū (gagao fafaguaga). Ko e tau HUKI NOA nakai totogi.



Takoto fakatila

Takoto fakatila ka okioki, mohe fakaku, poke mohe loa ke
kamata he 28 e faahi tapu he fatu a koe ke tumau e tama
mukemuke haau ke moua e lahi he tau matagi moui.



Kai Tau Mena Kai Mitaki

Kai e tau mena kai mitaki ko e tau mitakiaga haia
ke fakamalolo aki e tama mukemuke haau.



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Nakai Ula
moe Inu Kava



Malolo e Loto
Manamanatu



Huki



Takoto
fakatila



Kai Tau Mena
Kai Mitaki



Ke iloa e tau talahauaga fakamalolo ka fatu a
koe, kitia he www.pregnancysmile.nz