

## **PAPULAR URTICARIA**

This condition is caused by an intense allergy to insect bites. Usually only one member of the family is affected. It may be noticed on first arriving in the city or in this country. The allergy may last for months or years but will ultimately settle.

### **TREATMENT**

1. Efforts should be made to reduce the number of insects in the surrounds of the patient by:
  - a. regular vacuuming (and careful emptying of the bags outside the house)
  - b. spray fly spray near bedroom curtains before going to bed
  - c. killing fleas on domestic animals by e.g. Frontline spotting on coat or sprays from vets
  - d. avoiding play in sandpits, piles of timber, long grass
  - e. Vet-Kem Siphotrol fogger will prevent fleas maturing in house for 9 months
  - f. Mosquito coils or plug-in fumers repel flying insects.
2. Liberal use of insect repellents and frequently.
3. Use of prescribed treatment e.g. lotions, creams, antihistamines, Thiamine.