

## PERIORAL DERMATITIS

1. The facial condition you have is partly or completely aggravated by the application of topical steroids, thus avoid applying them in the future.
2. In the first week or two after withdrawing the previous treatment you may experience a flare of it. Do not be too worried by this as it will settle with the antibiotic capsules and possibly cold wet dressings. Don't be tempted to go back to the previous treatment as it will keep the vicious cycle going.
3. Stress or sunlight aggravate things as well.