

Nurses Leading Youth School Health Service Delivery



Nurses working in Youth School Health services increase access for young people in Counties Manukau to appropriate, affordable, youth-friendly care. The services enhance the physical, social and mental health of students and help facilitate lifelong healthy behaviours.

Counties Manukau Health provides clinical support to nurses, who deliver free healthcare for youth via school based health services.

Nurses in the service have a broad range of roles and responsibilities, leading health service delivery and supporting each other to provide the best quality service.

There are a number of nursing roles in Youth School Health service. They are all leaders of care and are all involved in delivering an innovative model of care.

School based nurses

lead the delivery of health services in secondary schools. The scope of school nurses has developed with the addition of Registered Nurse Prescribers in community health, which improves young people's access to treatment for common conditions.

SHARP

(School Health Awareness Raising Project) is a group of experienced school nurses working collaboratively with Clinical Nurse Specialists to help develop processes, procedures and guidelines for use in youth school health clinics.



Youth contraception and sexual health nurses

provide a mobile contraception and sexual health service to schools, alternative education facilities, teen parent units and other community venues.

They are Registered Nurse Prescribers in community health and their new role delivers free contraception and sexual health services (including Jadelle insertion) to young people at a time and venue to suit the young person. They also provide leadership and peer support to school based nurses.



Youth Clinical Nurse Specialists

provide leadership and clinical support to school based nurses through: regular school visits to support clinical practice, PDRP support, education days, individual and peer supervision, MOH reporting, service development and quality improvement initiatives.

Nurse Practitioners

provide clinical primary care services in a number of secondary schools, as well as leadership and support for prescribers in community health and for nurses using standing orders in school health.



Youth School Health Services work collaboratively with students, families/whānau and a range of services which may include:

Guidance counsellors
Social workers
Youth workers
Attendance officers

Members of the senior leadership team
Deans, teachers and teacher aides
GP or Nurse Practitioner services
Physiotherapy

Family Planning
Alcohol and other drug services
Mental health services
District Nursing Service

