



BRONCHOSCOPY

What is a Bronchoscopy?

A Bronchoscopy is the examination of the voice box, throat and air passages inside the chest. An instrument called a Bronchoscope is used. This will be passed through your nose or mouth.

When is a Bronchoscopy necessary?

A Respiratory Physician will determine when a bronchoscopy is required after consultation with the patient.

What preparation is necessary?

- **Nothing to eat from midnight.** However, if you normally take tablets for your heart or blood pressure please take these with a sip of water in the morning.
- **Nothing to drink from 6 am the day of the test.** However, if you normally take tablets for your heart or blood pressure please take these with a sip of water at 6am.
- Please notify the staff if you are taking **Warfarin, Insulin or Diabetes tablets.**
- Take your usual medications and / or inhalers on the morning of the test unless instructed otherwise.
- Bring a list of your medications with you.

Following an explanation of this procedure you will be asked to sign a consent form with the Doctor agreeing to have a bronchoscopy.

Who will be there during the procedure?

The doctor and two nurses.

Will I be awake during the procedure?

Yes, but you will be given some medication prior to the examination. This will make you feel relaxed and sleepy.

What happens during a bronchoscopy?

You will either be sitting up or lying flat on the bed. A small flexible tube will be passed either through one of your nostrils or through your mouth. The bronchoscope has a light at the end of it which allows the Doctor to see the air passages of the lungs. Small samples of tissue may be taken.

What will I feel?

You should feel no discomfort. You may cough during the test but you will be able to breathe normally and swallow. Your throat may feel a little uncomfortable for a day or two.

How long does it take?

Your actual procedure takes about 15 minutes, approx. However please note that your appointment time is when your initial assessment will be done with one of the nurses. **Following this please allow for up to four hours for the completion of your appointment.**

Are there any risks?

The Respiratory Physician will explain any risks to the patient prior to the procedure and before obtaining consent. If you have any concerns, please discuss these with the Physician prior to your procedure commencing.

What happens after the bronchoscopy?

You will be encouraged to have a sleep after the procedure.
You will be monitored closely.
You should be able to eat and drink about 1 ½ hours after the test is completed.

When can I go home ?

You will be able to go home approximately 2-3 hours after your bronchoscopy.
You must NOT drive or operate any machinery or make any major decisions for 24 hours following your bronchoscopy. It is preferable that you have someone stay with you for 24 hours after the procedure.

As you have had sedation you must arrange for someone to take you home after the procedure. They must pick you up from inside the Gastroenterology Department on the 1st floor. You are unable to leave the dept without an accompanying adult.

This dept close at 5pm; please arrange to be picked up before this time.

Will my doctor get a report ? Yes

Will I get a report? Yes, the Doctor will talk with you before you leave the department.

IF YOU NEED A TRAINED INTERPRETER – PLEASE TELL YOUR NURSE OR DOCTOR

Maori	Memea kaore koe e mohio ki te korero whaaki ngai ki te takuta (korero)
Samoan	Afai ete le malamalama ile gagana fa'a peretania f'amolemole talanoa ilau form'l
Tongan	Ka'olu 'ikai ke mahino kiate koe 'a e lea fakapilitani fakamolemole 'o tala ki ho'o toketa
Cook Island	Me kare koe e marama I te tuatua papaa e akakite mai ki te taote
Vietnamese	Neu quy vi can thông dịch viên thánh thao xin hoi nhân viên bệnh viện
Chinese (Mandarin)	假若你不懂英語, 請告知醫生或護士 .
Niuean	Ka ai iloa poke ai maama e kow e vagahau faka peritania fak amolemole talaage ke he ekekafo (toketa)
Korean	통역사의 도움이 필요하시면 간호사에게 부탁하시면 됩니다.