

## Parenting Through Separation

If you separate, children should be the most important focus.

Run on demand the Parenting Through Separation programme is a free information series to help you and your ex-partner focus on your kids and make good parenting decisions.

The programme is run in small groups and takes about 4 hours in either one or two sessions.

Former partners attend different sessions of the programme.

For further information contact the South Kaipara Men's Trust on 09 420 8263

In association with:



White Ribbon Day BBQ in Helensville

## The South Kaipara Men's Trust acknowledges the generous support of:

ASB Community Trust

Auckland Council - Rodney Local Board

Community Organisation Grants Scheme (COGS)

Duke of Albany Lodge

Helensville District Health Trust

Helensville Lions Club

Kumeu Rotary Club

Lion Foundation

Lottery Community Committee

Ministry of Social Development

Pay it Forward Funders

The South Kaipara Community

## For more information contact:

### South Kaipara Men's Trust

Ground Floor, Alison McKenzie House.

Corner Porter Crescent & Commercial Road

Helensville

Tuesday & Thursday 8.30am – 5.00pm

& Fridays 8.30am – 12.30pm

P 09 420 TANE (8263)

M 021 139 0631

E: [info@mfc.org.nz](mailto:info@mfc.org.nz)

Web: [www.mfc.org.nz](http://www.mfc.org.nz)

Postal: PO Box 38, Helensville 0840

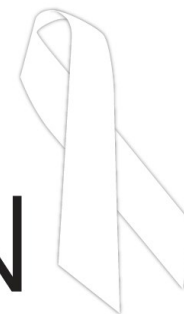


# SOUTH KAIPARA MEN'S TRUST

*'Tama Tu Whanau Ora'*

SUPPORTING

# WHITE RIBBON



Making violence against women  
a thing of the past

**The South Kaipara Men's Trust** was established in June 2005 in response to community concerns about youth in Helensville.

For several years the Trust maintained the South Kaipara Men's Centre in the St Joseph's School Building behind the Catholic Church in Gerald Stokes Ave, Helensville.

The Trust has recently moved premises and is now occupies a suite of offices in Alison McKenzie House on the corner of Porter Cres and Commercial Road in the middle of Helensville.

The Trust's services and programmes are now organized and delivered out of Alison McKenzie House. The services are directed towards the needs of men, young men and their families. The Trust works collaboratively with other local and regional providers in order to offer the best possible service to the community..Our slogan **Tama Tu Whanau Ora** indicates that the aim of the Trust is to support men to stand tall and strong so that their relationships, families and communities may be healthy and enriching.



A cheque, the proceeds of the White Ribbon Day BBQ in support for the Helensville Women & Family Centre Christmas Appeal, is handed over

### **What the South Kaipara Men's Trust does:**

The Trust organizes and works with other agencies to facilitate the provision of services and programmes from its facilities in Alison McKenzie House and within the wider community.

### **Counselling Referrals - Man to Man**

Since its inception the Trust has provided referrals and financial support for men, young men and their families seeking to make changes in their lives with the support of a counsellor.

The Trust maintains relationships with a number of male counsellors and refers individuals seeking support to one of the counsellors. The counselling takes place from rooms within the Trust's premises.

Fees are structured to take account of a client's financial situation. Generally it is expected that the individual will make a contribution to the cost of the service as a demonstration of commitment to the process. However subsidies can sometimes be arranged for those unable to afford the full cost of the service.

Enquiries can be made by phoning the Trust on (09) 420 8263.

### **Kai Takawaenga**

The Kai Takawaenga or 'bridge', with the support of the ASB Community Trust, has been active in Kaipara College since 2011. By building or bridging relationships between the young person, whānau and the school the Kai Takawaenga provides practical assistance to young people to remain in the school, achieve and find a pathway to further



The Kai Takawaenga feeds the hearts of young men with instruction on hangi preparation

Practical support, encouragement and advocacy are the cornerstones of the Kai Takawaenga's work as youth worker with young people struggling to achieve in school

The Kai Takawaenga also works with boys in local primary schools.

### **Youth Workers in Schools**

For a number of years The Trust has worked with Helensville Primary School with boys exhibiting behavioral difficulties. At first this was with REACH - a structured programme designed to teach and encourage new behaviors and responses to situations in which the boys find themselves in.

In 2014, the Trust supported a youth worker to work with the same boys on a 1:1 basis and this role will continue through 2015.

The position is integrated into the school system and works closely with teachers and the school's administration.