

The Community Psychiatric
Nurses' (CPN) office is located
on the Ground Floor of the
Gibson Day Unit in the Great
King Street Building of Dunedin
Public Hospital.



201 Great King Street, Private Bag 1921, Dunedin, New Zealand. Telephone 03 474 0999

## Community Psychiatric Nurses

Mental Health Services for Older People



**Patient Information (Otago)** 

Southern DHB 80400 V1 Issued: 28/08/2014

## Introduction

We will work with you and your family to establish a therapeutic relationship.

Together with you, an objective goal-orientated care plan will be formulated.

You are encouraged to contribute to this plan and we will support you to ensure your needs are identified.

"Our aim is to provide you with support to enable you to live as independently as possible and enjoy your life."

## **Care Plan Review**

Your care plan will be reviewed in six weeks to ensure goals are being met.

Discharge planning will be discussed with you and implemented at a time when you, your community psychiatric nurse (CPN) and the doctor agree this is appropriate.

We work in partnership with your participation to ensure your protection.

Your community psychiatric nurse (CPN) is:

Mobile phone number is:

Direct dial number is 03 470 9265 – you can leave a message if we are not in the office and we will contact you as soon as we return.

You can also access the Emergency Psychiatric Service (EPS) after office hours and weekends by phoning **03 474 0999** and **asking for the EPS.**