

If you have any enquiries  
please phone:

**Gibson Day Unit**

**03 470 9876**

**Extension 59876**

**Where to find us:**

**Gibson  
Day Unit**

**Mental Health for Older People**

We are situated on the ground floor of the  
main hospital block, just inside the main  
entrance off Great King Street.

201 Great King Street, Private Bag 1921,  
Dunedin, New Zealand.  
Telephone 03 474 0999 Facsimile 03 474 7623

**Mental Health  
for Older People**

**Gibson Day Unit**

**Offering comprehensive assessment,  
treatment and rehabilitation services  
to clients over 65 years old with mental  
health needs**

### What Do We Do?

The Gibson Day Unit runs groups Monday through Friday. Each day caters for patients with different needs.

Morning/afternoon tea and lunch are provided at a small cost. You may bring your own if you prefer.

We aim to assist individuals in meeting their immediate physical and emotional needs and help them to achieve or maintain their highest possible level of health within the community.

Transport may be provided from door to door. If so, you will be collected **between 8:30am and 10:00am** and will return home **after 2:30pm**.

### The Day Unit Team

The Day Unit is staffed daily by two registered psychiatric nurses, an occupational therapist and an assistant.

We also utilise the services of physiotherapists, speech language therapist, social workers, district nurses and a psychologist. We can also utilise the services of other health professionals as the patient's needs arise.

Everyone is assigned a responsible clinician when they are referred to our services. However, your own GP is still the person responsible for your overall care.

If you are unable to attend please contact the Day Unit staff on the number overleaf before 8:45am.

### Your Programme

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Day of Attendance:

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Responsible Clinician:

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Key Worker:

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