



## Accessing SSEDs Collaboration

If you wish to access the SSEDs, please contact either by telephone or email:

0800 328 744

[sseds@ashburn.co.nz](mailto:sseds@ashburn.co.nz)

Co-working requests can be received from any source, including primary health services, NGO's, community and inpatient mental health services.

Prior to commencing the co-working process with the SSED service, please confirm which pathway you plan to utilise. From there it will be determined what client information may be required to assist the process; obtaining consent for information-sharing is the responsibility of the clinician.

### On completion

As the SSEDs is instigating a new service model and way of working with health practitioners, we would appreciate your feedback on how it is working. We will email you a link to our online survey at the conclusion of each collaborative working partnership.



*Southern Support*  
eating disorder service

## Co-working Model Information Sheet

The Southern Support Eating Disorder Service provides education and collaborative working partnerships for health practitioners in the Southern region (Waitaki, Otago, Southland, and Central Otago).

**Phone: 0800 328 744**

**Email: [sseds@ashburn.co.nz](mailto:sseds@ashburn.co.nz)**



# Welcome to the Co-Working Model

The Co-Working Model involves working alongside other clinicians and offering a clinical learning model, through providing support, expertise and resources to plan and complete appropriate assessment/treatment interventions for clients who have disordered eating/eating disorder issues.

The SSEDs model provides for two pathways:

1

Pathway 1: Clinician work only: SSEDs provides specialist knowledge and consultation to the clinician, regarding specific client needs, assessment tools, treatment approaches and referral pathways that the clinician could utilise. This could consist of an initial consultation and/or ongoing support and advice.

2

Pathway 2: Clinician and client meeting: SSEDs works face-to-face with the clinician and their client. This usually would consist of one session per client, at the assessment or treatment planning stage, followed by ongoing support and advice to the clinician as required.

## Clinical Pathways

### Pathway 1:

#### Clinician-only Contact

#### Via:

Phone/Skype

Face-to-face

#### Input for developing plans for their clients regarding:

Assessment

Treatment

Review

Number of contacts is not  
limited

Process review and data  
entry.

### Pathway 2:

#### Clinician & their Client Contact

#### Step 1:

Clinician-only planning  
meeting

*(Face-to-face or Skype/phone)*

#### Step 2:

Clinician & client meeting for:

Assessment

Treatment

Review

Ongoing advice to the  
clinician

Process review and data  
entry.