How does AWHI work?

AWHI will link you with a community worker who will meet with you and your family/whanau and talk about your housing situation.

AWHI's free services can include:

- ✓ Social housing
- ✓ Financial support
- ✓ Insulation
- ✓ Heating
- ✓ Thermal Curtains
- ✓ Carpet
- ✓ Ventilation
- ✓ Home repairs
- ✓ Private rental information
- ✓ Beds and bedding
- ✓ Help with WINZ for financial assistance
- ✓ Applying for Housing New Zealand
- ✓ Practical advice to keep you home warm and dry











Do you want a <u>Warmer</u>, <u>Drier</u>, and <u>Healthier</u> home for your Family / Whanau?



If YES,

You may be eligible for a FREE healthy homes package through **AWHI**:

The Auckland Wide Healthy Homes Initiative

P: 09 360 6890

E: reception@maxcaremed.co.nz

What is a healthy home?

Healthy homes are warm, dry, uncrowded and smoke free.



If your house is 'unhealthy', bugs will like to live there and you and your children are more likely to get sick with:

- ✓ Chest infections
- ✓ Bronchiolitis
- ✓ Pneumonia
- ✓ Strep throat and Rheumatic fever (which can cause permanent heart damage)

Remember: Untreated strep throats can cause Rheumatic fever. Get <u>every</u> sore throat checked.

Is your home healthy?

Your home may not good for you and your whanau's health if:

- ✓ It is very cold in winter and difficult to heat
- ✓ The family sleep together in the same room to keep warm in the winter
- ✓ Children share a bed or there are more than 2 people in a bedroom
- ✓ You use an unflued gas heater
- ✓ Water drips down the windows or walls
- ✓ There is a damp or musty smell
- ✓ There is mould (black dots) on the wall or ceiling
- ✓ There are gaps in the windows or doors that let wind through
- ✓ People smoke inside



Am I eligible for AWHI?

You can be referred to AWHI if:

- ✓ You live in Auckland
- ✓ You are a NZ citizen or permanent resident
- ✓ 2 or more children live in your house
- ✓ Low income
- ✓ Your house is not healthy

<u>And</u> if your child aged 0-5 has been hospitalised with one of the following:

- ✓ Bronchiolitis
- ✓ Pneumonia
- ✓ Miningtis
- ✓ Group A Strep throat

If condition is not listed above please see one of our staff for a full list of conditions.

If you'd like to know more contact us directly or ask one the staff at Maxcare Medical Centre to make an AWHI referral.

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