



Haematuria (Blood in the Urine) Investigations

You have been referred to the Urology Service because blood has been found or seen in your urine (this is called haematuria). There are many reasons that blood can appear in urine, one of which is cancer. We have ordered some tests for you with the aim of ruling out cancer or finding further signs that it may be present. *Please note that the majority of people with blood in their urine do not turn out to have cancer but the only way to know is to complete medical tests to make sure.*

Please complete the following tests to investigate the blood in your urine

Cxbladder Triage Urine Test

Cxbladder Triage is a highly sensitive **urine** test designed to detect or rule out the presence of cancer in the urinary tract.

- Please take the Cxbladder Triage laboratory request form that accompanies this information sheet to your nearest Labtests **within the next week**. Delay the urine test if you have a urine infection or you can see blood in your urine. Please note: not all Labtests offer this urine test. Please look at the enclosed list of Labtests that provide this service.
- Please go to Labtests with a full bladder, ready to pass urine so that you will be able to provide the urine sample required to complete the Cxbladder Triage test. You will be asked to pass urine into a collection container- the test is as simple as that.

Ultrasound scan of your kidneys and bladder (urinary tract)

You will receive an appointment for an ultrasound scan of your urinary tract. An ultrasound scan involves scanning with a probe which emits painless ultrasound waves. A warm gel is placed on the skin over the kidneys and bladder to enable the probe to get clear pictures.

Please attend the ultrasound appointment at the time and date allocated or contact the department directly if you need to change the day. All of the information you need to know about the ultrasound scan will come with the appointment letter.

Frequently asked questions:

How important are these tests? It is very important that you do both of these tests as both results are required to be confident that there is no sign of a cancer in your urinary tract.

What happens after the tests are complete? A member of the Urology team will look at your results and do one of the following:

Normal Results: If neither test indicates anything of concern you will receive a letter outlining the test results and giving you advice on what to do should you have further blood in your urine in the future. Your Family Doctor (GP) will also receive a copy of this letter.

Abnormal Results: If either the urine test or ultrasound scan result is abnormal a member of the urology team will contact you to discuss the findings. Further tests or a review in the hospital clinic will then be arranged for you (whichever is most appropriate). Your GP will also be notified.

What happens if I do not complete the tests? After a few weeks your referral will be sent back to your GP and he / she will discuss with you what you would like to do next.

Who can I contact for more information?

If you have a question about the tests we are requesting you complete please phone a urology nurse (phone 486 8920 ext. 42682) and leave a message including contact details.

Issued by	Urology	Issued Date	March 2020	Classification	010-04-03-068
Authorised by	Clinical Director Urology	Review Period	36 months	Page	1 of 1