

Referrals are received from:

- ⇒ Southern DHB Mental Health, Addictions & Intellectual Disability Service
- ⇒ General practitioners
- ⇒ Other mental health and addiction providers
- ⇒ Non-government organisations (NGOs)
- ⇒ Other providers

Needs Assessment & Service Coordination Services
MHAID Service District
Southern DHB 52535 V3 Released 04/12/2017

Needs Assessment & Service Coordination contact details

Kakakura Health Services

Invercargill: 25 Queens Drive
Phone (03) 217 4170 karen@kakakura.org.nz

Miramare

Dunedin - South: 66 Prince Albert Rd, St Kilda, Dunedin
Phone: (03) 455 6477
Fax: (03) 455 5765
E-mail: dunedin@miramare.co.nz
Website: <http://www.miramare.co.nz/index.html>
Oamaru: 27 Coquet St, P.O Box 278
Phone: (03) 434 1125 oamaru@miramare.co.nz

Southern District Health Board

Central Otago: Hospital St, Clyde

Phone (03) 440 4308

Dunedin - South: 1st Floor Helensburgh House, Wakari
Hospital, 371 Taieri Road, Dunedin
Private Bag 1921

Phone (03) 476 9660 Fax (03) 476 9661

Dunedin - North: 154 Hanover St, Phone (03) 470 9429

**Dunedin - Te Oranga Tonu Tanga Māori Mental Health
Service,** Phone (03) 476 9510, Fax: 03-476 9601

Invercargill: Southland Hospital, Elles Rd

Phone (03) 214 5786

Or **Freephone 0800 443 366**

Mental Health, Addictions & Intellectual Disability (MHAID) Service (District)



Needs Assessment & Service Coordination Services in the Southern District

Needs assessment is a process of identifying what supports you require to live a fulfilling life in the community. Assessments are completed in partnership

What is Needs Assessment & Service Coordination (NASC)?

with your referring agent and the support people of your choice. Needs assessment aims to identify your areas of need and provide a coordinated approach to accessing the necessary support services

Service coordination is the process of agreeing on the best mix of services to support you in your current situation.

Southern DHB funds a district-wide range of needs assessment and service coordination agencies to ensure all the different types of clients in different areas (who are eligible) can access appropriate support services.

Who is eligible?

- ⇒ If you have a mental health diagnosis and/or alcohol and drug-related disability
- ⇒ You are in a situation that requires a support service and is serious enough to warrant additional services
- ⇒ You live in the catchment area of the Southern DHB and WellSouth PHO, which includes Dunedin, Invercargill, Queenstown, Wanaka, Alexandra, Te Anau, Gore, Waitaki and Clutha
- ⇒ You may require ongoing support for a period of six months or more.
- ⇒ We provide an opportunity for you to participate and discuss your needs to live a fulfilling life in the community

What do we offer?

- ⇒ Te Oranga Tonu Tanga provide a Māori specific cultural intervention for those who wish to work within a Māori Framework and/or Māori model of practice. Te Oranga Tonu Tanga Supports referrals from child, youth and adult services within MHIAD service.
- ⇒ Family or support people of your choice are welcome to participate in your needs assessment
- ⇒ We work closely with Mental Health & Addiction Service's key workers/case managers to find the best ways to support you in your recovery
- ⇒ We will respect your knowledge and experience and that of your support people
- ⇒ We will recognise the importance of culture, including disability, ethnicity, gender, sexuality and beliefs
- ⇒ We will respect your right to make your own decisions
- ⇒ Needs assessments can be held at a place and time of your choice
- ⇒ We will make referrals to other services when required
- ⇒ A written report of decisions in order of importance will be provided

What is the process?

Enquiry

A verbal inquiry is a good way to start the process. A NASC worker can provide you with advice on your eligibility and the next steps.



Referral

Any of the agencies are willing to informally discuss referral at any time prior to a formal referral.

The person referring has responsibility to supply of all the relevant clinical and technical information that makes it possible to determine eligibility and determine ongoing supports.

The information might include clinical reports, mental health assessments, and other documentation.



Needs Assessment Report

This report outlines your social situation and your priorities, strengths and challenges. It also includes a summary of the key issues and desired outcomes.



Service Coordination

A service coordination plan is completed next. It provides a choice of services and identifies the best services to help you in your current situation. The plan is flexible and can be regularly updated.



Ongoing Review and Exit

Depending on your situation the service will continue to work with you or you may no longer require support.