

Secondary School Based Health Clinics

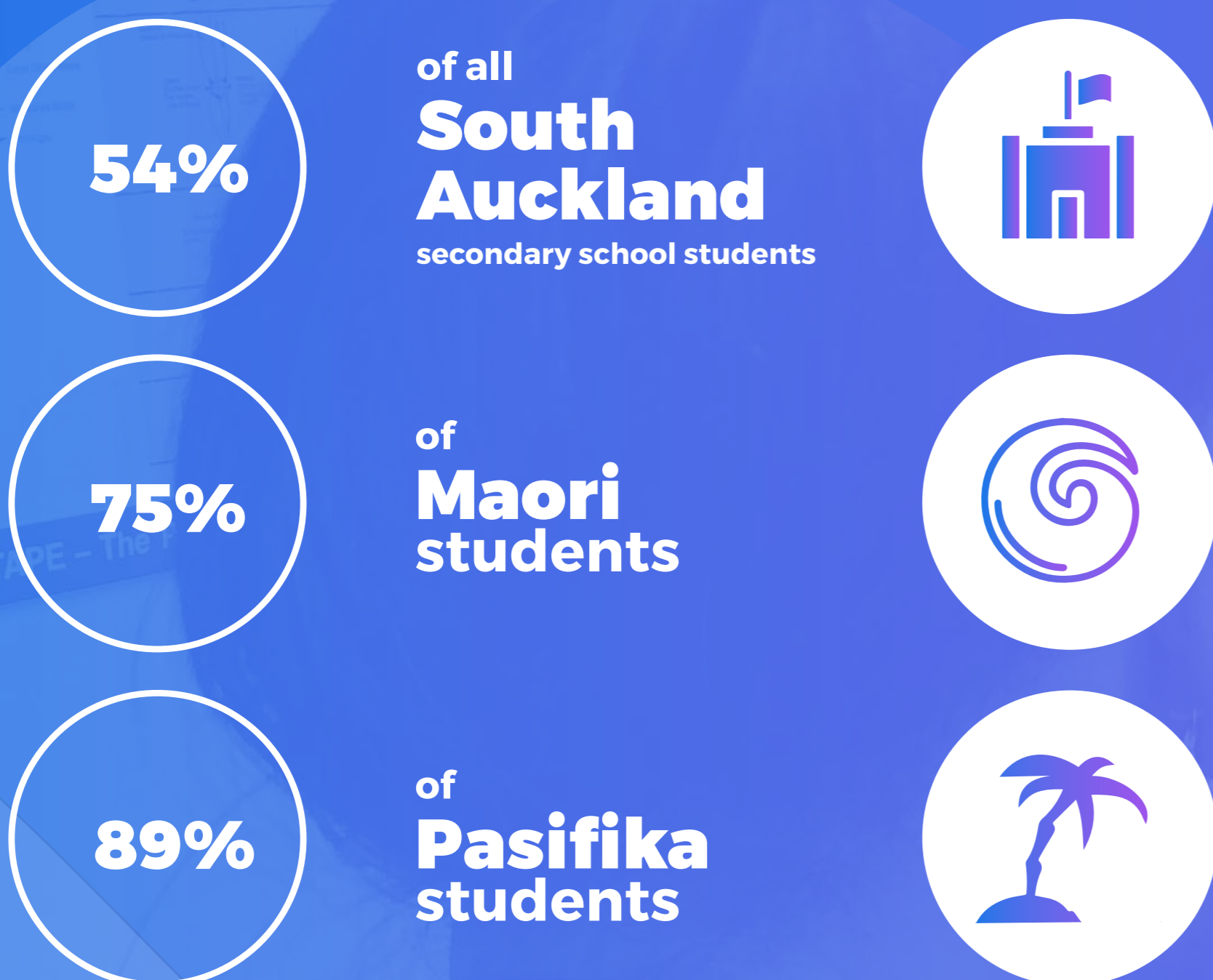
increase access for young people in South Auckland to appropriate, affordable youth friendly health care.

Accessible and youth appropriate services have the potential to enhance health and educational outcomes by improving the physical, social and mental health of students and help facilitate lifelong healthy behaviours. Secondary School Based Health Clinics are nurse led. Counties Manukau Health funds speciality youth health nurses in decile 1 – 4 schools in South Auckland . Of these nurses 78 % have Post Graduate qualifications in child/youth health and 6 nurses are Registered Nurse Prescribers in community health.*

Nurses have clinical support from visiting GPs, nurse practitioners, clinical nurse specialists and specialist community services. They work as part of school based multi-disciplinary teams providing wrap around services to young people.

In 2018 there were 64,336 student visits to the Health Clinics in decile 1 – 4 secondary schools in South Auckland

School nurses funded by Counties Manukau Health are accessible to:



In the Youth 2012 survey** findings, young people report challenges with:

<h3>Accessing Healthcare</h3> <p>School nurses provide:</p> <ul style="list-style-type: none"> • Long-term condition management • Health and psychosocial assessments and brief interventions • Treatment under standing orders • Community Nurse Prescribing • Acute medical care • Smoking Cessation • Rheumatic Fever prevention • First aid injury treatment • Health Promotion • Linkages to Primary Care 	<h3>Mental Health</h3> <p>School nurses provide:</p> <ul style="list-style-type: none"> • Suicide/self-harm risk assessment-brief interventions and safety plans • Brief interventions for low mood/anxiety • Referrals to counselling/mental health services
<h3>Substance Abuse</h3> <p>School nurses provide:</p> <ul style="list-style-type: none"> • Alcohol and drug screening • Brief intervention - motivational interviewing • Referrals to appropriate services 	<h3>Sexual Health</h3> <p>School nurses provide:</p> <ul style="list-style-type: none"> • Contraception conversations • Contraception - ECP, condoms, OCP, access to LARCS, • STI screening and treatment • Pregnancy options and support • Support Rainbow Youth

