

Get to know the Doctors at Counties Medical GP Clinic

Counties Medical is very proud of our team of dedicated General Practitioners, working across both sites at the Papakura and Takanini GP Clinics. They were happy to offer information about themselves and their interests – from this you will see why they are such a supportive and caring team, working together with our Practice Nurses and Receptionists... for you and your family.

Our healthcare team – working together to improve the health of you and your family

From Dr Nishi Alex:

I grew up in Singapore and came to NZ in 1997 where I finished high school. I studied medicine in Melbourne and after graduation, worked in hospitals in Auckland and Adelaide. I completed a Diploma of Paediatrics during this time. I then spent 3 months doing voluntary missionary medical work in rural India through a church organisation. Following this I moved back to Auckland and have been working in General Practice in Auckland since 2010. I completed my fellowship in 2013. My current areas of interest are paediatrics, self-care and prevention of burnout as well as 3rd world health. I am interested in missions work and have been on medical missions and general mission trips through my church.



From Dr Kannan Palaniappan- I am originally from Singapore. After completing my medical studies there, I worked in various departments in Singapore's main hospitals. After 6 years in the hospitals, I felt that working as a General Practitioner provided me a better opportunity to practice holistic medicine. I spent the next 8 years working in General Practice.

During a visit to New Zealand back in 2016 my whole family became captivated by the beauty of the country the Kiwi lifestyle! We decided to make the move in 2017 and haven't looked back since.

I was working as a General Practitioner in Tokoroa for a year prior to joining Counties Medical. I enjoy all aspects of General Practice and I am passionate about providing the best care to my patients.

In my spare time I enjoy running and cycling. I also look forward to exploring more of New Zealand!



From Dr Sviatlana (Lana) Sobaleva -

I have just arrived to New Zealand from the UK and have been looking forward to joining the team at Counties Medical. I am originally from Belarus and speak fluent Russian, however I have lived in London for most of my life. I graduated from Kings College London in 2012 and completed my GP training in 2017. My medical interests include sexual health and women's health, having completed a Diploma in Sexual and Reproductive Health. I also immensely enjoy teaching and have worked in medical education for 6 months.

I love the great outdoors and hiking and am looking forward to exploring the beauty of New Zealand. I am also a huge animal lover and am currently happy to be living with 2 friendly cats and a dog :-)
I look forward to seeing you and your family!"

From Dr Sacha Dhanjal - I have just moved from the UK to spend a year in New Zealand. I completed my GP training in North London and have spent 2 years as a qualified GP which I really enjoy! I have undertaken Diplomas in Paediatrics and Dermatology, both of which are my areas of interests. Outside of work I love being outdoors and am looking forward to exploring the beautiful National Parks that New Zealand has to offer!



Dr Alvin Ang – I am from Singapore and a father of 4 children. Besides English, I speak Mandarin and Hokkien. My first visit to NZ was 3 decades back when I was mesmerised by the beauty of the land, and friendliness of its people. Then I told myself I must return one day to work and live here.

In 1999, I completed my Masters of Medicine (Family Medicine), and commenced my solo private family practice in Singapore. Following 2 decades of an immensely enjoyable practice, I am ready to embark on a new chapter in my life - In new Zealand and with Counties Medical.