

Mental Health and Addiction Adult Services Referrals

All referrals, including self-referral:

Phone: 07 868 0830

*As we are not a crisis service,
please contact the Manaaki Centre
on 0800 080 339
or the Crisis team
on 0800 50 50 50*



Te Whare Tapa Whā

Te Taha Hinengaro - Psychological Health
Focuses on emotions. The mind and body are inseparable. Communication through emotions is important and more meaningful than the exchange of words.

Te Taha Wairua - Spiritual Health
Recognised as the essential requirement for health and wellbeing. Without spiritual awareness, an individual may lack wellbeing and be more prone to ill health. Wairua explores relationships with the environment, people and heritage.

Te Taha Tinana - Physical Health
Focuses on physical wellbeing and bodily care. Tinana suffers when a person is under emotional stress, or is unwell. Pain in different parts of your body is tinana communicating what is going on consciously or unconsciously.

Te Taha Whānau - Family Health
The most fundamental unit of Māori society. Whānau are clusters of individuals descended from a fairly recent ancestor and may include up to three or four generations. The beliefs, expectations or opinions of the whānau can have a major impact on how we live our lives and the decisions we make.



Mō tātou o Hauraki

Health and Wellbeing
Services for everyone
in our community

Ohu Hinengaro

Mental Health and Addiction Services

Main Office Hours
Monday-Friday
8.00am-4.30pm



www.korowai.co.nz

Child and Youth Services

Child and Adolescent Mental Health Services (CAMHS)

For children and youth who are experiencing significant challenges in their lives because of a serious mental health issue

- Available FREE of charge to those from 0 to 18 years
- Specialist services and a holistic approach provided to infants, children, young people & their whānau
- Whānau Support Service - provides support to whānau who have a child or young person under the CAMHS service

*We are a part of the Hauraki cluster
- Ko Ngā Tatai Tu Kauri -
who work together to provide
CAMHS services*

Referrals to CAMHS

All referrals to CAMHS are coordinated through the Manaaki Centre, Thames.

Anyone can make a referral, including a GP, hospital, doctor, school & whānau/family.

A young person can also self-refer.

**Phone: 0800 080 339
(cluster triage)
or 07 868 0041**



Youth INTact

Our specialty is helping rangatahi (young people) - aged between 12 and 19 years - and their whānau (family) and friends.

We take referrals from anywhere. You can come in and see us, call us on the phone, or someone else can do that for you.

We also know that rangatahi may experience many problems at the same time. Our youth drug and alcohol health professionals are trained and experienced in dealing with a range of complex problems, including alcohol and drugs, legal matters, primary and mental health, homelessness, sexual abuse and family breakdown.

*Te Korowai Hauora o Hauraki delivers
Youth INTact services in Hauraki.*

- Coromandel
- Thames
- Ngātea
- Paeroa
- Whitianga
- Waihi
- Whangamatā

**For all Youth AOD information:
Phone: 07 868 0830
Email: admin.hinengaro@korowai.co.nz**

Adult Services

Mental Health and Addiction services

For adults experiencing significant challenges in their lives (including barriers to employment) because of a mental health and/or addiction issue. These services are available FREE of charge to those 18 to 65+ years

- **Primary Mental Health Counselling & Support** - anyone concerned about their own mental health or addiction issues can make a referral for counselling or support
- **Maternal Mental Health** – support for mothers & whānau who are affected by pre- and post-natal depression and other ante-natal mental health issues. Criteria is for up to one year after birth
- **Alcohol and Other Drug Services** - alcohol & drug assessment, counselling, early intervention & NZTA assessment for disqualified drivers
- **Pre & Vocational Services** – individual and group programmes for 16+ years
- **Mental Health & Whānau Support** within the community
- **Mauri Ora** - gain responsibility and belief. Life skills for adults experiencing mental unwellness
- **Te Ara Puawai** - The pathway to blossoms. A programme that focuses on recovery and support for those who have difficulty with mental illness.