



District Nursing Service

The District Nursing Service provides specialised care/ treatment for patients, in a district nursing clinic or their own home; supporting and promoting healthy lifestyles in order to help people remain independent.

About us

The District Nursing Service is a skilled nursing team of both district nurses and enrolled nurses who provide specialised nursing care/ treatment and support for patients in a district nursing clinic or, if a patient is housebound due to their medical condition, in the patient's home.

We work closely with patients, their family/ whānau/ caregivers and GP, referring to other members of the multidisciplinary team as appropriate (e.g. physiotherapists, occupational therapists, speech language therapists, social workers, dietitians, needs assessment and service co-ordinators and hospice), to ensure the patient receives the best care possible, until they no longer require the District Nursing Service.

Our areas of expertise

- Assessment of a patient's needs and the co-ordination of a plan of care, which ensures the patient receives the most appropriate intervention to promote/ enable self-care.
- Specialised wound care for complex wounds that are long term or acute, including leg ulcer assessment and treatment.
- Palliative care; working in partnership with the patient, their family/ whānau/ caregivers, their GP, hospice and other providers, to help manage pain and other symptoms, and to provide care, education and support as needed.
- Assistance with the management of both acute and long term conditions, which may require interventions such as:
 - intravenous (IV) medication administration
 - urinary catheters and continence assessments
 - stoma care
 - injections, including prophylactic treatment for Rheumatic Fever
 - PEG care
 - tracheostomy care.
- Provision of short-term loan equipment if required for nursing care.
- Education and advice about health care needs and/ or illness. Patients may sometimes be asked to participate in their own care by completing simple procedures between visits from the District Nursing Service.
- Support and advice for patients undergoing chemotherapy and/or radiotherapy.

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District Nursing Service

Hours of Service

The District Nursing Service is based at five sites:

Waitakere Hospital – 7 days

55 Lincoln Road, Henderson

Phone: **(09) 837-8828**

Hours: 8.00am–9.30pm

North Shore – 7 days

Community Outpatients

9 Karaka Street, Takapuna

Phone: **(09) 486-8945**

Hours: 8.00am-9.30pm

Hibiscus Coast – 7 days

136 Whangaparaoa Road, Red Beach

Phone **(09) 427-0300**

Hours: 8.00am-9.30pm

Warkworth – 7 days

Tui House, 32 Glenmore Drive, Warkworth

Phone: **(09) 422-2700**

Hours: 8.00am-4.30pm

Helensville – 7 days

65 Commercial Road, Helensville

Phone: **(09) 427-0300**

Hours: 8.00am-4.30pm

We are available to talk to you about any aspect of your care – please ask if you need more information or support of any kind.

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