



## District Nursing Clinics

The District Nursing Service provides nursing care for patients in both the patient's home and at district nursing clinics. Your nursing care has been assessed as being best provided to you at a district nursing clinic.

The following information is to tell you how our clinics work, and to help ensure our district nursing clinics are used to their full capacity and provide an efficient service to the community.

### Clinic appointments

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- Please discuss which clinic location would be the most convenient for you to attend with your district nurse.
- District nursing clinics are by appointment only. Please be on time.
- We try to complete each clinic appointment within the allocated 20 minutes, however some appointments may take longer.
- Parking is free on all sites for up to 20 minutes. Waitakere Hospital and Karaka Street sites charge for parking after this time. Parking may be available in surrounding streets.
- Between your appointments you need to follow any advice given by your district nurse.
- If you need to cancel or reschedule your appointment please contact the clinic the day before; see contact information over page.
- If you miss an appointment, please contact the clinic; so we can reschedule another one for you.
- **If you miss two consecutive clinic appointments without notifying the clinic, or if we do not hear from you within 7 days of a missed appointment, your care will be transferred to your doctor (GP) for any ongoing treatment.**

### Self care

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If your district nurse assesses that you are able to self-care they will complete a care plan with you, support you with education and advice, and make arrangements to provide you with the appropriate supplies.

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## Wound care supplies

- Supplies will only be given to patients who have been reviewed by a district nurse.
- If you require additional dressing supplies please contact the clinic you attend and ask to speak with a district nurse. Supplies will not be given out without prior arrangement.
- The district nurse will check your wound every two weeks to monitor healing and reassess wound care needs.

## District Nursing clinics

### Community Outpatients

Phone: (09) 486-8945 ext 42565  
9 Karaka Street, Takapuna

### Waitakere Hospital

Phone: (09) 837-8828 ext 46828  
Entrance F, Waitakere Hospital

### Hibiscus Coast Community Health Centre

Phone: (09) 427-0300  
136 Whangaparaoa Road, Red Beach

### Warkworth Community Health

Phone: (09) 422 2700  
Tui House (Hospice)  
32 Glenmore Road, Warkworth

### Helensville Community Health

Phone: (09) 427-0300  
65 Commercial Road, Helensville

If you have any questions regarding your clinic appointment or wound dressing supplies please contact your district nurse.

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