



Wellness Support Model of Care

Practice nurses and GPs working confidently with people towards their mental health and holistic well being goals.

	Person	Workforce
Kind Ngakau mahaki	I feel heard	The model is easy to use and allows flexibility
Clear Whanuihia te titiro	I know my options, what's next and have a back up plan	A wider team support me and my patients (including ILoC)
Continuous Paapaho te ara	My GP/nurse team keep in contact with me	I have continuous professional development opportunities to develop new skills
Effective Manahaere oranga	We are working towards my goals	I support more people to access care in ways meaningful to them

Give hope, follow up, involve the wider team

