

The function of the unit and the role of the staff is to provide comprehensive, multi-disciplinary mental health assessment, treatment and stabilisation.

“Living well in the presence or absence of mental illness and the losses that can be associated with it. Each person with mental health illnesses needs to define for themselves what living well means to them.”

(Standards of Practice for Mental Health Nursing in Aotearoa New Zealand, 2002)

### Feedback

If you have a complaint or compliment about the service you are receiving, please contact your key worker or the Team Manager  
or

Patient Affairs (03) 470 9534 or  
[feedback@southerndhb.govt.nz](mailto:feedback@southerndhb.govt.nz)

Health & Disability Advocacy Service South Island  
Phone: 0800 555 050 or [www.advocacy.org.nz](http://www.advocacy.org.nz)

## Contacts Ward 9B Wakari Hospital

**Address:** Wakari Hospital  
371 Taieri Road  
Wakari  
Dunedin

**Phone:** (03) 476 9628

**Freephone:** 0800 44 33 66

**Facsimile:** (03) 476 9613

**Web:** [www.southerndhb.govt.nz](http://www.southerndhb.govt.nz)

If you are in a crisis and need urgent assistance please phone the Emergency Psychiatric Service (Otago) who provide 24 hour a day, 7 days a week service on:

**0800 467 846**

## Mental Health, Addictions and Intellectual Disability Service

**Ward 9B  
Wakari Hospital**  
The Intensive Care and  
Acute Inpatient Unit

*‘Better Health, Better Lives, Whānau Ora’*

Ward 9B is a 17 bed, locked unit that aims to assist recovery by providing a safe and therapeutic environment and to work in partnership with tangata whaiora/consumers to develop individual treatment plans.

**The team includes:**

- Registered nurses
- Mental health assistants
- Consultant psychiatrist
- Psychiatric registrar
- House surgeon
- Clinical psychologist
- Social worker
- Occupational therapist
- Charge nurse manager
- Associate charge nurse manager
- Clinical nurse specialist

The ward also has support from the Māori Mental Health Team, the chaplaincy service and the interpreter service of Patient Affairs as well from Community Mental Health Services.

**Admission to the ward:**

An admission to 9B generally occurs when a person requiring comprehensive input into (and/or assessment of) a mental health disorder is unable to be managed safely in a less restricted area, such as in the community or in another unit.

Clinical staff work closely with tangata whaiora/consumers along with community case managers, support people and family, and others where relevant, to develop effective recovery outcomes.

There is daily ward programme, consisting of groups, activities and meetings which tangata whaiora/consumers are encouraged to attend.

Clinical staff with tangata whaiora/consumers will develop individual plans of care to support and assist and will consider use of a number of interventions such as Sensory Modulation.

There is a range of recreational facilities including games, books, TV and movies and access to a courtyard spaces and leisure activities.

Each person has their own bedroom, which is fitted with an internal lock for privacy.

**Visiting the ward:**

Visiting by family and friends is encouraged and is recommended in the afternoon and early evening. Visitors are advised to first call the ward.

The Southern District Health Board supports healthy lifestyle choices, so tobacco, alcohol and illicit drugs are not permitted on the Ward or Wakari grounds.

Assistance with abstinence is available.