

# Useful Patient Information – CAFMHS (Dunedin)

Child and Family Mental Health Service Level 2, Dunedin House 9 Moray Place Dunedin (03) 471 7105

### Where do I go for my appointment?

CAFMHS reception is on the 2nd floor Dunedin House. The reception desk and waiting room is located straight through the main door. Please let the reception staff know you've arrived. Reception is open Monday - Friday 8.30am - 5.00pm

## How can I get there?

There is a local bus service, run by Otago Regional Council. There is a bus stop just around the corner from Moray Place on Princes Street – see map.

For parking there is a Wilsons Parking Building just up the road on Moray Place, and also pay and display parks along Moray Place and View Street – see map.

#### Where can I get something to eat and drink?

The nearest café is just up the road from CAFMHS. There are many other food outlets nearby in Moray Place and around the corner along Princes Street to the Octagon. The nearest supermarkets are in Cumberland Street and Great Kings Street.

#### Where can I go for a smoke?

CAFMHS is a non-smoking area. We encourage all visitors and patients to smoke off-site.

#### Who do I contact if I can't make my appointment?

Phone the number above to cancel or reschedule your appointment.

#### Can I get text reminders of my appointments?

Yes, you can receive text reminders of your outpatient appointments. Tell the CAFMHS receptionists that you want to receive text reminders, they will organise it.



