

# HOW TO USE YOUR EYE OINTMENT

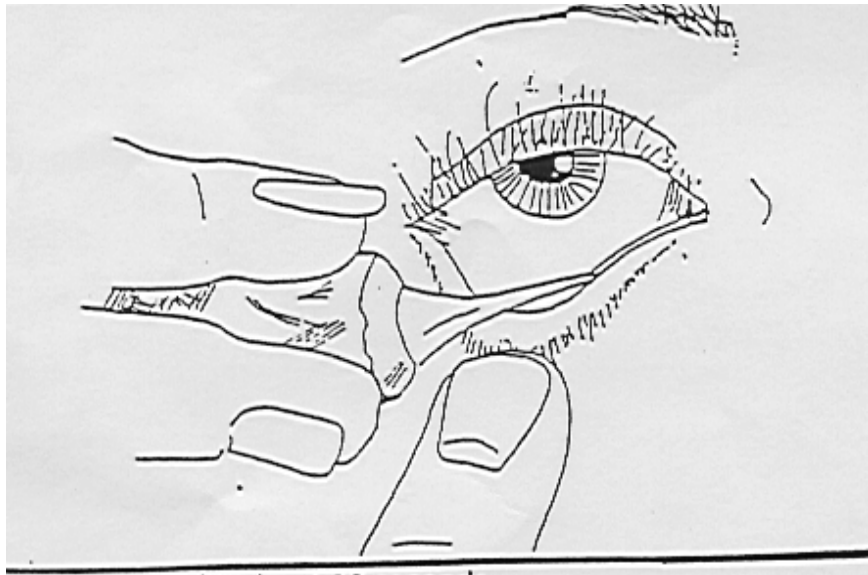
Wash your hands before use.

Read the label.

Look upward.

Pull down gently on the lower lid.

Carefully squeeze thin strip of ointment inside the lower lid without letting the nozzle touch the eye.



Close the eye for about 30 seconds.

Replace the cap and keep in a cool place.

**Throw away any remaining ointment 4 weeks after opening.**

**Manukau Surgery Centre**



For assistance please telephone the Manukau SuperClinic™:

Module 6 between 8am-430 pm: (09)277 1660

After Hours Greenlane Hospital: (09) 367 0000

**Or go to the Acute Eye Department Greenlane Hospital**

## DISCHARGE INSTRUCTIONS

Patients Name:

.....

Operation: **Excision of Pterygium with conjunctival graft**

Date:

.....

Surgeon:

.....

Anaesthetic: **Local/Topical**.....

## Discharge Instructions following Pterygium Surgery



Remove eye pad 24 hours after surgery.

Apply Chloramphenicol ointment to operated eye three times a day from tomorrow.

You must use Maxidex and Chloramphenicol drops four times daily to your operated eye (approx. 9am, 1pm, 5pm, 9pm) until finished.

If your eyes become swollen and painful., please stop the eye drops and contact your GP.

You can use artificial teardrops as often as required for comfort.

Allow 5 minutes between each different eye drop/ointment application.

- ◆ You may experience some pain
- ◆ You may experience a scratchy sensation
- ◆ You may be sensitive to light in your operated eye. Wear dark glasses for comfort
- ◆ please do not rub your eyes

### For Pain

Take panadeine/panadol 4 hourly on a regular basis for pain relief (not more than 8 in 24 hours)

Next due at \_\_\_\_\_



You will be given a Clinic Appointment for 10 – 14 days time in Module 6, *SuperClinic™*