

DISCHARGE INSTRUCTIONS INTRAVITREAL INJECTION

After your operation:

- ◆ An appointment has been made for you in one month, you will receive this letter in the mail
- ◆ You will be seen by the Eye Team.

It is normal for your eye to appear bloodshot and watery at this time.

You should not experience any pain, only some discomfort, following this injection.

Post-Op Medicines:

You will have been given a prescription for Eye drops which you must take to the chemist. Please use eye drops as instructed on the label, and on the medication card.

IF YOU SHOULD EXPERIENCE ANY OF THE FOLLOWING IN THE WEEKS BEFORE YOUR FOLLOW UP APPOINTMENT:

- ◆ pain
- ◆ blurry or decreased vision
- ◆ sensitivity to light
- ◆ redness of the eye
- ◆ discharge from the eye

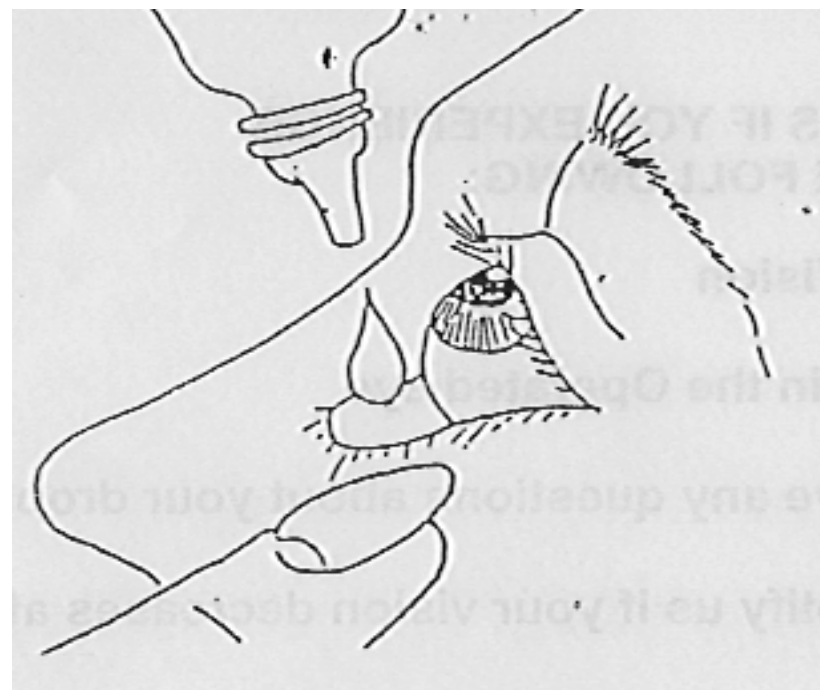
Please contact:

Module 6 between 8am - 4.30pm (09) 277 1660

MSC Discharge Instructions –
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Reviewed December 2009

How to use your eye drops:

1. Wash your hands before use.
2. Read the label.
3. Tilt your head back looking upwards.
4. Pull down gently on the lower lid.
5. **Squeeze 1 drop into the space between the lower lid and the eye, without letting the dropper touch the eye.**



6. Close your eye for about 30 seconds.
7. The eye drops may blur your eyesight.
8. Throw away the eye drop bottle 4 weeks after opening.

Manukau Surgery Centre

For assistance please telephone the Manukau *SuperClinic*[™]:
Module 6 between 8am - 4.30pm (09) 277 1660

After Hours you should contact your GP or Greenlane Hospital
(09) 367 0000

Or go to the Acute Eye Department Greenlane Hospital

DISCHARGE INSTRUCTIONS

following Intravitreal Injection

Patient's Name:

Operation: Intravitreal Injection

Date:

Surgeon:

Anaesthetic: Topical

Patient label

Date :

Chloramphenicol Eye Drop chart

Chloramphenicol Eye Drops to be taken 3 times a day for 3 days following Intravitreal Injection

Please start taking these eye drops when you get home from your surgery

	morning	lunch	dinner
Day 1	*	*	*
Day 2	*	*	*
Day 3	*	*	*

When you have run out of eye drops you will not need any more.