

## How are services funded?

When you are referred for home healthcare and support you will also be assessed for funding eligibility from one of the following agencies:

- + Aged care services are managed and funded by District Health Boards (DHBs), on behalf of the Ministry of Health
- + Disability support is managed and funded by Disability Support Services (DSS), part of the Ministry of Health
- + Community, or district nursing services are funded by DHBs and ACC
- + The Accident Compensation Corporation (ACC) funds support when you have been injured as a result of an accident.

If you are not eligible for the above funding, there are other options:

- + You can pay privately
- + If you hold private medical insurance, your insurer may pay for home-based rehabilitation services and care and support.



Total Care Health, our specialized nursing service provide ACC funded wound care management in your home, school or workplace.

## Creating Wellbeing

Access Community Health is a leading New Zealand provider of home-based care and support.

We have been supporting people since 1927 when the 'bush nurses' provided home-based care to rural parts of New Zealand on horseback.

Today our highly-skilled staff care for and support over 20,000 people in their own homes nationwide. Access Community Health provide a full range of services to you on behalf of the Ministry of Health, District Health Boards, ACC and privately in the community.

## Contact Us Today

- ☎ Call Free on **0800 284 663**
- @ Visit **access.org.nz** online
- f Like **Accesshomehealth** on Facebook
- in Connect with us on LinkedIn at **access-homehealth**

## Bringing Healthcare Home

Nursing services • Personal care  
Household assistance • Childcare  
Physio & Occupational Therapy  
Companionship



# Helping you maintain or regain your independence

**Do you find it a challenge coping on your own at home or relying on family/whānau and friends? You can trust us to offer a helping hand with a range of professional services.**

A registered healthcare professional will visit you to discuss your care and support needs and agree with you on the steps to keep you living at home as independently as possible. Your support may include:

- + **Personal cares** such as dressing, bathing, toileting and help to get you in and out of bed
- + **Household assistance** such as cleaning, cooking and shopping.
- + **Nursing and allied health services** including managing continence, wound care, stomal and catheter care, medication, physiotherapy, and occupational therapy
- + **Companionship** taking you where you would like to go or to just have a friendly chat.
- + **Childcare**
- + **Palliative care**
- + **Overnight support** in your own home
- + **Navigator/Advocate** - helping you access services to enable you to stay in your own home for as long as possible.

# We provide support for people who are:

- + Living with a disability
- + Needing healthcare services provided in your own home
- + Rehabilitating following an injury or accident
- + Recovering from an illness or surgery
- + Living with an ongoing illness
- + In the final stages of life
- + Private carers needing relief (respite)
- + Requiring Individualised Funding Services
- + Requiring childcare
- + Requiring wound care treatment
- + Requiring transportation.



# Getting help is easy

**Step 1** - talk to your GP or ACC case manager who can refer you for a home healthcare assessment. Alternatively, **call us direct on 0800 284 663** to talk about the best way to access the care you need, or discuss private care if you are not eligible for funding.

**Step 2** - An Access community nurse will visit you at home to assess your situation. You're welcome to have a family or whānau member or a friend join you while we visit.

**Step 3** - once we understand your needs, we work alongside you, your GP or other healthcare providers to develop your "Support Plan" - the steps and goals required to help you live independently.

**Step 4** - you'll be matched with a support worker or nurse who is best suited to your needs. They'll get to know you, care for you and work with you to achieve your goals.

**We are available to talk to you or your whānau 7 days a week from 7am to 10pm.**

Talk to your GP or get in touch with Access directly by calling FREE on 0800 284 663 or visit [www.access.org.nz](http://www.access.org.nz)

