

The following matters, and more, are covered in the Ward 9C Information Booklet:

- Your medication
- Conditions and house rules
- Smoking
- Cell phones
- Ward programme
- Visitors
- A safe environment
- Alcohol and non-prescription drugs
- Privacy
- Ward leave
- Discharge
- Your rights and responsibilities
- Patient advocates & family/other support

Feedback

If you have a complaint or compliment about the service you are receiving please contact:
Your key worker or the team manager or

Patient Affairs (03) 470 9534 or
feedback@southerndhb.govt.nz

Health & Disability Advocacy Service South Island
Phone: 0800 555 050 or www.advocacy.org.nz

Contacts

Ward 9C Wakari Hospital

Address: Ward 9c
Wakari Hospital
371 Taieri Road
Dunedin

Phone: (03) 476 9930

Freephone: 0800 44 33 66

Facsimile: (03) 476 9957

Web: www.southerndhb.govt.nz

If you are in a crisis and need urgent assistance please phone the Emergency Psychiatric Service (Otago) Team who provide 24 hour a day, 7 days a week service on:

0800 467 846

Mental Health, Addictions and Intellectual Disability Service

Ward 9C



(photo courtesy of Jon Marston)

Welcome to Ward 9C on the
Road to Recovery
Information Leaflet

'Better Health, Better Lives, Whanau Ora'

Welcome to Ward 9C

**Ki te kore koe e maarama ki ngaa kaupapa o
teenei pukapuka me paatai ki too neehi.
Maana e whakamaarama.**

Ward 9C

Ward 9C is a 16-bed acute mental health unit for the assessment, treatment and stabilisation of people who require immediate short-term hospital admission.

We work in conjunction with your general practitioner (GP), the Emergency Psychiatric Service, Community Alcohol and Drug Service, Community Day Programme, Maori Mental Health Team (Te Oranga Tonu Tanga), Community Mental Health Teams and the Youth Speciality Service who may be involved in supporting you after discharge.

Admission to the Ward

Once you've been admitted, a member of staff will meet you and orientate you to the layout of the ward.

A full assessment will be undertaken. This will include a mental state assessment, physical examination and blood tests.

If you are admitted in the evening, this assessment will be done the following day.

With your nurse and other members of the team, you will have the opportunity to identify any personal, physical, emotional, cultural and spiritual needs. We encourage involvement from family (whanau), extended family and friends.

Treatment Team

The treatment team includes a consultant psychiatrist, registrar, nursing staff, psychologist, occupational therapist, social worker and mental health assistants.

As a teaching environment, students of the above professions may also, under supervision, be part of your treatment team. You will be asked if a student can be involved in your care, and advised that you have the right to refuse.

In addition to these, a dietitian, chaplain, needs assessor or other services as required, may also be involved in your care. We encourage you to be fully active in your treatment/discharge planning, which you may discuss with staff at any time. You have the right to involve your family/caregivers or support people in your care.

At the beginning of each shift, you will be allocated a nurse or other mental health worker. They will introduce themselves to you and if you have any queries or concerns, you should speak to them directly during the shift.