

# Discharge advice for families after the loss of a baby

Women's Health Service, Wellington Hospital

Following discharge the following information may be helpful to you and your family.

A follow-up outpatient appointment will be sent to you in the next few weeks to see the specialist responsible for your care / or delivery.

This appointment will usually be 6-8 weeks after delivery if baby did not have a post mortem examination.

This appointment will be offered in approximately 10-12 weeks after delivery if baby did have a post-mortem examination. This is because it could take up to 3 months before all the results are available.

You will receive a letter notifying you when your baby's ashes and/or placenta are available for collection (if applicable).

The letter will advise you how you can collect them. If you have any concerns you may phone (04) 385 5331.

If you have had photographs of your baby taken by the hospital photographer and you haven't received them within 3 weeks please contact the

Associate Charge Midwife Manager on (04) 8060 889 so this can be followed up for you.

## Contact details

Women's Clinics (04) 8060 764

MFM Midwife Specialist (04) 385 5999 ext 80774 or page 2654

Ward 4 North Associate Charge Midwife Manager (04) 8060 889

Delivery Suite (04) 8060 845

Counselling at Women's Clinics - Te Mahoe (04) 806 0761

## Sands

Sands (Stillbirth and Neonatal Death Support)  
[www.sands.org.nz](http://www.sands.org.nz)