



Focus of Palliative Care

Exploring choices

Advocacy

Symptom control

Comfort

Support

End of Life Care

NOTES



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Middlemore Hospital

Palliative Care Team

“Sometimes what a person may need most in life is someone to walk alongside them as they try to find a way through the dark forest they may now find themselves in”.

Palliative care

What is Palliative Care?

The Palliative Care Team can become involved when you are suffering from an illness that cannot be cured or a chronic condition at any time during your illness. The focus of palliative care is to support you, your family, whānau and the people that matter to you.

People are sometimes referred to the Palliative Care Team early after diagnosis.

Whatever the illness, however advanced it is, and despite the treatments you have already received, there are often things that can be done to improve the quality of your life.

Palliative care aims to help with problems that you may experience. These may be social, physical or emotional. We do this by working with you, your family and whānau in partnership with your healthcare team.

Hospital and Hospice relationship...

The hospital Palliative Care Team works closely with the hospice teams. If you are admitted to hospital, the Palliative Care Team may review you, but you will not be directly under their care.

You can request to see a member of the Palliative Care Team if you have concerns about social, physical or emotional issues that are not already being addressed.

Hospital Palliative Care Team

Who are we?

We are a small team of doctors and nurses who are specialists in palliative care.

We are available in hospital between Monday to Friday, and have an after-hours on-call service available to the staff looking after you.

How can we help?

- Meet with you on the ward to listen and understand how to best meet your needs and concerns.
- Manage the symptoms of pain, nausea and other physical concerns related to your illness while you are in hospital.
- Provide emotional, practical and spiritual support for you and your family, whānau, people that matter to you while you are in hospital.
- Provide regular visits to the ward if necessary to adjust your treatment to maintain and maximise your comfort.

Please discuss with your healthcare team if you would like to meet with us.

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