### You can lose weight.

It is possible for you to lose weight. You can do it without major surgery, without pills, and without the troublesome side effects of bariatric surgery. You can do it without giving up the life you enjoy. You can do it even if you've failed many times before.

You can do it on your terms, with the AspireAssist.





# What do you have to lose?

How much weight do you want to lose? 20 kgs? 40 kgs? 60 kgs? More? Whatever the number, the odds are that the AspireAssist can help you succeed. On your terms.

#### For more information:

About losing weight safely and sensibly with the AspireAssist, talk to your doctor, or contact your local AspireAssist representative.

#### You can also learn more here:

www.aspirebariatrics.com

Distributed in New Zealand by:



P 09 259 4062E nzms@nzms.co.nzW www.nzms.co.nz

2a Fisher Crescent Mt Wellington Auckland 1060

\* Data on file at Aspire Bariatrics

MRK-031 Rev. A

©2015 Aspire Bariatrics, Inc.

Smart, effective weight loss. ON YOUR OWN TERMS.

### 66

I don't need to take any medications for diabetes or blood pressure any more thanks to the AspireAssist.

MIKE, ASPIREASSIST PATIENT who has lost 47 kgs so far

FOR NEW PATIENTS

ASP) RE

### What to Expect



Aspire is the best thing I've ever done for myself. I feel like a whole new person.

LOTTA, ASPIREASSIST PATIENT who has lost 64 kgs so far

#### The AspireAssist puts you in control.

The AspireAssist was developed by worldrenowned physicians to help people like you lose weight safely and sensibly. It's a simple and discrete approach that puts you in control of your own weight loss.

# With the AspireAssist, you're in good company.

The AspireAssist has been tested over several years. Hundreds of people have used it to meet their weight-loss goals. Even people who have failed many times in their attempts to lose weight find they can succeed with the AspireAssist.



15 MINUTE PROCEDURE



GRADUALLY LEARN HEALTHY BEHAVIORS



AVERAGE WEIGHT LOSS

**IN 1 YEAR\*** 

FEW SIDE

# Enjoy living normally while losing weight.

How the Device Works.

of your skin.

weight loss.

The AspireAssist reduces the amount of calories your body processes. During a

minimally invasive, outpatient procedure,

a small tube is inserted into your stomach.

The tube connects to a button on the surface

After you eat a meal, this small and discrete

device allows you to empty about 30% of the

contents of your stomach into a toilet. This

simple, private process takes you about 10

Because AspireAssist requires that you chew

your food well, you're likely to find that

you eat more slowly and feel full sooner,

good steps to take toward maintaining

minutes. No one needs to ever know.

While using the AspireAssist, you'll lose weight, but nothing else. There's no need to give up any particular food or beverage. You do not need to limit your activities in any way. Still, you can expect to lose about half your excess weight in the first year. The most successful people lose all their <u>excess weight</u> within a year.

Side effects are few and generally minor. Because your gastrointestinal anatomy is not altered, you don't suffer the vomiting, diarrhea, reflux or nutritional deficiencies that may occur with other weight loss procedures.



PHYSICIAN-MONITORED PLAN



REVERSIBLE

### A smart, physician-monitored approach.

An important part of the AspireAssist therapy is a physician-monitored plan to establish healthier habits and make lifestyle changes that can support your weight loss. The AspireAssist is a powerful tool to reinforce these changes because it helps you learn to chew more carefully and eat more slowly. So while you can see results quickly, you'll know that you're also working toward long-lasting change.

# Give up the AspireAssist whenever you like.

Unlike bariatric surgery, the procedure is completely and readily reversible. When you reach your goal weight — or at any other time you like — the AspireAssist tube can be removed in another 15-minute, outpatient procedure. Of course you can also continue to use the AspireAssist as long as you like. It's up to you.

