

YOUR APPOINTMENT IS

Time.....

Date.....

- If you become **unwell** between now and your surgery day **or** are **unable** to keep the appointment please contact your surgeons booking clerk, as soon as possible on 4868920 ext.....

Preparing for surgery

YOUR RESPONSIBILITIES;

Before your surgery **YOU MUST ARRANGE:**

- ***Transport to hospital**
- ***A person to collect you from hospital** (name and contact number)
- ***A responsible person to be with you for 24 hrs.**

▪ **NOTHING TO EAT FROM:**

Morning appointment -12 midnight

Afternoon appointment - 0700

- This includes sweets, gum, mints etc
- Drink **WATER ONLY** until 2hrs before your appointment time

- Take all medications unless otherwise instructed. Inform the doctor if taking Aspirin/Blood thinners e.g.Warfarin.
- Please ring the Surgical unit on **8376622** if you have any questions regarding your procedure or medications. If your surgery is a Monday please ring the Friday before.
- DO NOT smoke for at least 24 hours before your operation
- If you think you are pregnant you must tell the doctor
- Leave ALL valuables and jewellery at home
- Please shave as instructed
- Have a shower or bath on the day of your surgery BEFORE you come to the hospital
- No talcum powder, perfumes, aftershave, creams, moisturises, make -up or nail polish
- Unfortunately there is no facility for your support person to wait with you in Day Surgery.
- Wear comfortable loose clothing that is easy to put on & remove as you am experience some physical difficulties following your operation.

What to bring with you

- ❖ All current X-rays and doctors letters
- ❖ All current medications, inhalers
- ❖ Wear comfortable loose fitting clothes.
- ❖ Bring any ACC documentation you have.

On Discharge

YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME

You will receive instructions on what to do after your operation, and told when and where to have your stitches removed (If you have any)

Please note that for the first **24 hours** after your anaesthetic you must **not:**

- Drive a car
- Operate machinery
- Drink alcohol
- Make important decisions
- Sign important documents
- Travel long distances

If you require a Medical Certificate please ask the staff.

If you have orthopaedic surgery you may need crutches. These are available from the hospital, at a cost of \$30 **in cash** payable by you. \$20 will be refunded on the return of the crutches.

For any Problems following discharge, please contact your family doctor, unless otherwise instructed

Your rights and obligations

The code of patient's rights is prominently displayed in the centre and on the wards.

To help improve our service we welcome your suggestions. These can be made verbally to the Charge Nurse, nursing staff or the service Manager.

Location

Take the Lincoln Rd exit off the north western motorway.

Drive approx 3km up Lincoln Rd to hospital entrance on left hand side.

Enter via main hospital entrance "C" and follow signs to the surgical unit with periwinkle symbol.

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Surgical Patient Information

For day & overnight stay surgical patients at Waitakere hospital.

Surgical Unit Waitakere Hospital

55 -75 Lincoln Rd
Henderson