

Flexible Cystoscopy

Patient Information Sheet

What does this procedure involve?

Telescopic inspection of your bladder and urethra (waterpipe) under local anaesthetic. We can also take small bladder biopsies or remove a stent from your ureter (the tube between your kidney and bladder).

Important information

Before your procedure, it is important to inform the medical team if you have:

- An implanted foreign body (stent, joint replacement, pacemaker, heart valve, blood vessel graft)
- A regular prescription for a blood thinning agent (warfarin, aspirin, clopidogrel, rivaroxaban or dabigatran)

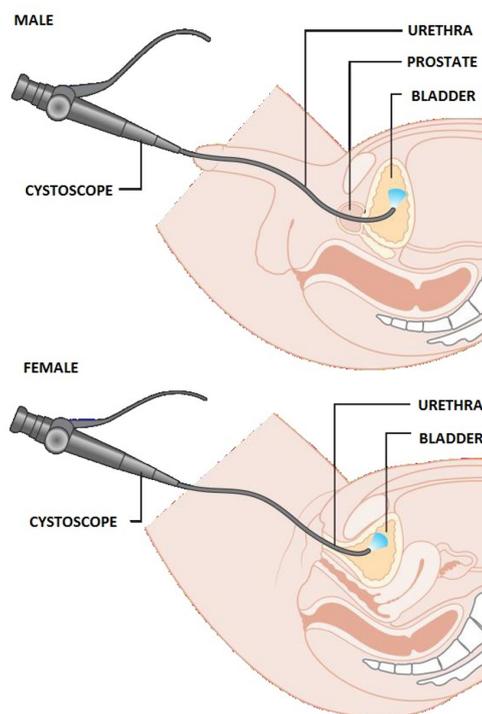
Are there any after-effects?

The possible after-effects and your risk of getting them are shown below. The impact of these after-effects can vary a lot from patient to patient.

After-effect	Risk
Mild burning or bleeding on passing urine for a short period after the procedure	Almost all patients
Infection in your urine requiring antibiotics	Between 1 in 50 and 1 in 100 patients

Details of the procedure

1. The procedure usually takes no more than a few minutes to complete. We may give you some antibiotics before or after the procedure.
2. We normally carry out the procedure under local anaesthetic. We instil a jelly containing local anaesthetic into your urethra (waterpipe) and leave it in place for a few minutes.
3. We put the cystoscope (flexible telescope) into your urethra (waterpipe) and pass it into your bladder.
4. Once the telescope is in place, we run sterile fluids slowly into your bladder so that we can inspect all the bladder lining.
5. We remove the telescope once we have completed the examination.
6. You will be able to pass urine, wash and dress yourself after the procedure.
7. The doctor or nurse will explain the findings to you.



What can I expect when I get home?

- You will get some burning and bleeding over the first few days when you pass urine
- You should drink at least 2 Litres of fluid for the first 24 to 48 hours to flush your system through
- If you develop a fever, severe pain on passing urine, inability to pass urine or worsening bleeding, you should contact your GP immediately
- A follow-up appointment may be made for you to discuss any further treatment

Contact

Outpatient appointments & surgical booking enquiries:

☎ Ph (09) 277 1660 • Fax (09) 277 1600

✉ customerservice@middlemore.co.nz

📍 Manukau SuperClinic
901 Great South Road
Manurewa Auckland

🌐 www.countiesmanukau.health.nz