



Where will you see us?

We visit young people and their families in a variety of places including:

- Clinics in various locations
- Your home
- Your school
- Community organisations
- Hospitals
- Alternative education services

The location will be confirmed before your appointment

Any questions please phone (09) 261 2272

Contact Us:

Phone: (09) 261 2272

Email: cfyh@middlemore.co.nz

Website:

www.healthpoint.co.nz/public/paediatrics/kidz-first-centre-for-youth-health/

Hours: Monday to Friday, 8:00am to 4:30pm

After Hours:

If you have any concerns please contact your local GP, or dial 111 in an emergency.

We are not an emergency service.

Counties Manukau Health Values

We aspire to live and breathe our values every day as the foundation of our strategic goal to achieve health equity for our community:



VALUING EVERYONE – Make everyone feel welcome and valued.

KIND – Care for other people's wellbeing

TOGETHER – Include everyone as part of the team

EXCELLENT – Safe, professional, always improving



www.countiesmanukau.health.nz

Re-Order # KIDZ088 Review: June 2019



COUNTIES
MANUKAU
HEALTH

Centre for Youth Health



Information for Young People and their Whaanau



Kidz First Community Health



Who are we?

Kidz First Centre for Youth Health is a team of health professionals who provide advice and support for young people aged 12-24 years, along with their whaanau/families. Our team includes nurses, doctors, social workers and youth health workers. We provide support to young people experiencing health issues that have a significant impact on their lives.

**We work closely with your GP / family doctor
/ other specialist teams and anyone
helping with your care.**

What services do we offer?

- Comprehensive health assessments to ensure we fully understand your health needs
- Accurate information allowing you to make decisions about your health
- Support for your family, whaanau, school and community
- Links to other services
- Support for young people who are gender diverse or exploring their gender identity



How we help

At Kidz First Centre for Youth Health we believe all young people have many strengths. We help by providing you with information and skills to look after your own health and have a positive impact on your community. We support young people from a variety of cultures and backgrounds, helping them with the transition to adulthood.