



Where are our clinics?

We deliver our clinical services in a range of settings including:

- Clinics in various locations
- Alternative education services
- Community Settings
- Home and School
- Hospitals

Clinic locations will be confirmed prior to the first appointment.

Our offices are based at Kidz First Community Health: 95 Wiri Station Road, Manukau.

Note: Our thanks to Youthline Manukau for allowing us to use the cover artwork in this pamphlet. We are unable to identify its source but are happy to acknowledge it in subsequent editions.

Contact Us:

Phone: (09) 261 2272

Email: cfyh@middlemore.co.nz

Website:

www.healthpoint.co.nz/public/paediatrics/kidz-first-centre-for-youth-health/

Postal Address:

Private Bag 93311, Otahuhu, Auckland 1640

Hours: Monday to Friday, 8:00am to 4:30pm

After Hours:

If you have any concerns please contact your local GP, or dial 111 in an emergency.

Counties Manukau Health Values

We aspire to live and breathe our values every day as the foundation of our strategic goal to achieve health equity for our community:



VALUING EVERYONE – Make everyone feel welcome and valued.

KIND – Care for other people's wellbeing

TOGETHER – Include everyone as part of the team

EXCELLENT – Safe, professional, always improving



www.countiesmanukau.health.nz

Re-Order # KIDZ089 Review: June 2019



COUNTIES
MANUKAU
HEALTH

Centre for Youth Health

Towards young people's health and wellbeing.



Information for Community and Health Professionals



Kidz First Community Health



Who are we?

The Centre for Youth Health delivers health services for young people aged 12-24 years living in Counties Manukau. Our multi-disciplinary team includes nurses, doctors, social workers, youth health workers and other professionals. Our service aims to promote the wellbeing and healthy development of young people in the context of their family/whaanau, culture and wider environment.

We support young people through a range of clinical services, advocacy, education and training, research and leadership.

What services do we offer?

Youth Health Services:

We offer the following clinical services:

- Specialist Adolescent Clinics (SAC) for young people with chronic or complex health issues
- Weekly health clinics at Alternative Education programmes
- Support for young people who are gender diverse or exploring their gender identity

Education and Training:

We provide professional education and training, including a range of workshops for people working with youth.

Youth Health Information Service:

Provides resources and support for health professionals and community organisations working in youth health.

For more information on any of these services please contact us.

Who do we see?

We accept referrals for young people with psychosocially complicated medical or youth development concerns.

These include:

- Chronic illness/disabilities
- Developmental concerns,
- Psychosomatic health issues
- High risk health behaviours

Referrals are received from anyone, including health professionals, schools, families and young people.

We do not routinely accept referrals where the only concern is:

- Psychiatric disorders or suicidal intent
- Substance-use disorders
- Educational or learning concerns

We are happy to discuss any possible referrals or youth health concerns.