

Needs Assessment & Service Co-ordination provides support services to:

- People over 65 years of age who have disability or health related needs.
- People under 65 years of age who need support resulting from an acute or severe illness, including palliative care.
- People over 16 years of age who require support due to long term chronic health related issues.
- People caring for a person, who feel they need to be supported.

How can I contact NASC?

If you live at home:

For referrals and all general inquiries:

Phone: (09) 442 7171

Written referrals: Fax (09) 486 8997

Office hours: Monday - Friday 8.00am - 4.30pm

Website: www.healthpoint.co.nz/default,57132.sm

If you are a patient in North Shore or Waitakere hospitals ask to speak to the **NASC Ward Liaison**.

Other Contacts

Work & Income:

Assess for pensions and allowances for financial assistance with lawns, transport, medications, personal alarms:

Phone WINZ: 0800 552 002

For **residential care subsidy** inquiries:

Phone WINZ: 0800 999 727

Accident Compensation Commission

Co-ordinates services relating to accidents

Phone ACC: 0800 1010 996

Taikura Trust

Assess and co-ordinate services for people under 65 years of age with disabilities

Phone: 0800 824 5872



Waitemata
District Health Board

Best Care for Everyone

Needs Assessment & Service Coordination (NASC)

Helping people access support services in the community

What you need to know



Waitemata
District Health Board

Best Care for Everyone

Classification number: 17 4205-14-001 (Date: October 2017)

What we do

- Help you access support services in your community.
- Help you to stay as independent as possible in your own home and community.
- Together we assess your needs and plan for appropriate support.
- We can then co-ordinate the support services that are available to you.

What support services are available?

- Personal cares such as showering, dressing, medication, assistance with eating
- meals
- household management
- appropriate day programmes
- residential facilities
- support for carers to take time out.

NASC can also give advice on those services which are income or asset tested and have an entry criteria, such as residential facilities.

How we do it

- Talk with you/ your carer/ family so we can understand your need for support.
- Refer for specialised assessments from other services, if you need them.
- Discuss all the options for supports and services to meet your needs.
- Explain which services are free and which are subsidised.
- Work with you to develop a plan for supporting you and your carer.
- Co-ordinate access to the supports and services in your plan.
- Stay in touch to follow-up and review your needs.
- Provide information on other services available in your community.

Are you thinking about where you will live?

NASC has information about different living options:

- staying at home with support
- retirement villages and units
- residential facilities .

Other information we can help you with

We can provide information and help you to navigate a range of other support agencies relevant to your needs, such as:

- stroke groups
- Citizens Advice Bureau
- Alzheimer's Foundation
- other community support groups.

Information is also available on

- home care provider agencies
- personal and smoke alarms
- power of attorney
- reverse annuity mortgages
- shopping services
- mobility taxis
- meal options
- social activities in your community
- physical activity programmes.
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