

NURSE SPECIALIST

Bridget Faire

REGULAR APPOINTMENT TIMES:

- **Monday pm fortnightly**
- **Thursday am & pm 1st & 2nd Thursday of month**

LOCATION:

**Liver Transplant Unit
Level 15, Support Building
Auckland City Hospital
Park Road, Grafton**



**If you have any concerns
please call
Ann George/Kathy Oliver
Liver Unit
(09) 375 3470, option 1
E-mail: akliver@adhb.govt.nz**

**FIBROSCAN
Liver Unit/NZ Liver Transplant Unit
Level 15, Support Building
Auckland City Hospital
Park Road
Grafton, Auckland 1023**

Phone: (09) 375 3470, option 1

E-mail: akliver@adhb.govt.nz

**PATIENT
INFORMATION
BOOKLET**



FIBROSCAN

IMPORTANT
**PLEASE CALL PRIOR TO
THE APPOINTMENT IF:-**

- You have a pacemaker
- You are on peritoneal dialysis (you will need to come drained and empty)
- You have mobility issues and cannot transfer to an examination couch without assistance

PLEASE CONTACT US:-

To confirm your appointment as directed on your appointment letter. You are welcome to bring a support person with you.

**You have been referred for
a fibroscan**

What is a fibroscan?

The fibroscan measures the elasticity (stiffness) of your liver using ultrasound.

Will it hurt?

This is a painless procedure performed by a Liver Specialist or Specialist Nurse

Do I need to prepare?

You must fast for at least 2 hours before the procedure.

It is helpful to wear clothing that can be easily lifted to expose the tummy area

How long will it take?

The scan will take 5-10 minutes

When will I get the results?

A letter will be sent to your referring doctor outlining the results of your fibroscan.

Where do I go?

The scan will take place in the
NZ Liver Transplant Unit
Level 15
Support Building (old building)
Auckland City Hospital
Park Road, Grafton.

Car Parking:-

Wilson's Parking (fee paying) is available at the front of the hospital in Carpark A. This is the nearest point of entry for the fibroscan.

Directions from Carpark A:-

- Enter the old hospital building (Support Building/Tallest Building)
- Walk ahead to the elevators and take lift to Level 15
- Exit turn left, and take next corridor on right
- At the end of the corridor you will see some chairs lined up in the corridor
- Enter Liver Transplant Unit door just past the chairs and report to Fibroscan Reception

Pedestrian Entry from Level 4

Enter new building. Take escalator to Level 5. Turn right and follow corridor to the old Support Building. Take elevator to Level 15