

Useful Information – Intellectual Disability Service

Ward 10a and Helensburgh Cottage
Wakari Hospital
371 Taieri Road
Dunedin

Ward 10a: (03) 476 9557 or 9558

Helensburgh Cottage: (03) 476 9987 or 9989

You are welcome to phone and speak to ward staff, also you can ask if you would be able to talk to or visit the person in question - staff will advise if the person you want to talk to/visit is able/willing to have a conversation/visit.

Where do I go to visit the Intellectual Disability ward ?

Report to reception entrance at **Helensburgh House** - see map overleaf. A toilet is available there.

Visiting Times: afternoon (2pm) to early evening (8pm) visiting is preferred (exceptions are often able to be accommodated). Please contact the ward beforehand as visiting is by appointment only. If you are travelling a distance it would be well to check the ward situation prior to leaving home as the person may have another appointment or be on leave off the ward.

Items: if bringing in items, please check with staff. Some items may be valuable or easily damaged or not acceptable - it is better to check than regret it later.

How can I get there ?

There is at least one bus service up to the Helensburgh or Halfway Bush areas. Buses are regularly leaving the Octagon for various parts of town. Bus stops are alongside the front gate entrance to Hospital entrance (outwards trip) or directly opposite for returning bus.

By car, from the Octagon head up Stuart Street and under the bridge at Roslyn then take the right lane and continue on down to traffic lights. Head straight up Taieri Road till the next set of lights. Continue straight ahead about 400 metres for entrance to hospital on the left.

While there are various parking areas available at a reasonable distance from the ward, these are shared with other services and some parks are reserved.

Where can I get something to eat and drink?

The **Snowline café** in the main hospital building is open 8:00am - 3.45pm **Mon - Fri only**. Hot meals are available between 11:45 and 2pm with a range of other food options (sandwiches, fruit, pies and more) plus hot and cold drinks generally available.

The **disability toilet** is situated to the right of the café. *For toilets in other areas please ask staff. Some are noted above but not all are obvious.*

Where can I go for a smoke?

Our wards and grounds are smoke free. Please leave the grounds to smoke.

