

An important part of Inpatient care is the involvement of other teams within Mental Health. Patients are linked with the appropriate service with their consent.

These teams are:

- Prison Liaison Team
- Court Liaison Team
- Community Program
- Drug and Alcohol Specialist Service
- Te Oranga Tonu Tanga, Maori Mental Health Team
- Non-governmental Organisations (NGO)
 - PACT
 - Carol Street Trust
 - Corstophine Baptist Community Trust
 - Able
 - Volunteer Otago

Patients will be referred for Needs Assessment, which may lead to referral with Pact (providing accommodation and community support).

It is important that family (whānau) are involved in patient care throughout the journey of recovery and may be requested to attend patient's planning meetings.

Patients, families and whanau are provided with information packs, which have detailed information about how they can access support.

Feedback

If you have a complaint or compliment about the service you are receiving please contact:

The charge nurse manager **or**

The Patient Affairs Office, Southern DHB

Phone: 03 470 9534 **or**

Health & Disability Advocacy Service South Island

Phone: 0800 555 050 or www.advocacy.org.nz

Contacts

Ward 9A Wakari Hospital

Address: Wakari Hospital
371 Taieri Road
Wakari
Dunedin

Phone: (03) 476 9621

Freephone: 0800 44 33 66

Facsimile: (03) 476 6029

Web: www.southerndhb.govt.nz



If you are in a crisis and need urgent assistance please phone the Emergency Psychiatric Service (EPS) who provide 24 hour a day, 7 days a week service on:

0800 467 846

Mental Health, Addictions and Intellectual Disability Service

Ward 9A Wakari Hospital



'Better Health, Better Lives, Whanau Ora'

Ward 9A Wakari Hospital – Otago

Ward 9A at Wakari Hospital, a 13-bed medium secure unit, is the inpatient unit for Otago and Southland for those persons who are in the Justice system and require assessment, treatment and rehabilitation. A full complement of a multidisciplinary team delivers a range of therapeutic services and programmes in this setting. Ward 9A has a strong emphasis on linking people with families/whanau and support persons and reintegration into the wider community.

Aim

Our aim is to provide a safe environment and to plan care that meets individual needs. This includes maintaining links with family and friends whose on-going support and input is often of vital importance to the provision of care.

Referrals

Referrals can be received from: the Prison Service; the Courts; and the Community Forensic Mental Health Service. The service is for people 17 years and older.

Admission

When you arrive you will be met by the nursing staff. Nursing staff will work with you to complete admission information and discuss an initial plan of care. Please let the nurse know of any requirements, for example, specific dietary, cultural, spiritual or interpreter needs. It is important that we work together to ensure you receive a quality service. A comprehensive psychiatric and physical assessment by a doctor will take place soon after admission.

The Multidisciplinary Team:

- Forensic Mental Health Nurses
- Forensic Psychiatrists
- Psychologists
- Psychiatric Registrar
- Occupational Therapists
- Mental Health Assistants

- Kaioranga Hauora Maori
- Community Case Manager
- Transition Nurse
- Students

Expectations

What you can expect of us

- To have worries, thoughts, and ideas listened to.
- To be involved in the planning of your care and decisions regarding your treatment and future care.
- To be treated as a unique individual.
- To be treated with dignity and respect.
- To have your rights upheld.
- To receive the best care that we can give.
- To be well informed of care.
- Confidentiality of your personal details and reasons for being in Ward 9A.

What we expect of you

- For you to communicate with a member of your team, especially when you are feeling anxious, pressured, unwell, or at risk of harming yourself or others.
- For you to treat other patients and staff with dignity and respect.
- To be tolerant towards those patients who are unwell.
- To care for your immediate environment by keeping it clean and tidy.
- To consider the needs of others.

Visiting Times

- Visiting to ward 9A is by appointment only.
- The visiting hours are flexible but it is important that you contact the Ward in advance and inform us of your intention to visit so that a time can be arranged.
- This is to avoid clashes with other visitors and important aspects of the ward programme, and to ensure staff are available during the time of your visit.
- Visits may be restricted to 30 minutes with a maximum of two persons at a time, not including children. It may be possible to permit more persons at a time and extended meeting times by prior arrangement only.
- All visits are supervised by staff.

Ward restrictions

Any potentially dangerous objects, pornographic and/or violent material, alcohol and drugs/medication not prescribed by current treating team are not acceptable on the ward. Dangerous items include razors, mirrors, lighters, belts and steel capped boots. Gang affiliated clothing is not to be worn on the Ward. This includes studded belts, boots, patches, and some leather gear. Unsealed food items are not to be brought onto the ward unless bought with staff supervision. Cell phone use is not permitted on Ward 9A.

Staff are available to discuss issues with the patient's family, whanau or support persons.

Southern DHB is a smoke free site. Staff are trained to support, counsel and educate patients, including the use of nicotine replacement therapy.