



## Free Pregnancy, Parenting and Breastfeeding Courses

Book online at

<https://www.mokopunaora.nz/pregnancy-tips/pregnancy-parenting-education>

Or phone/text our Administrator on  
021 784 265



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Our tour is now  
**VIRTUAL**

Take a look at Waitakere and  
**North Shore Maternity facilities at**

[www.healthpoint.co.nz/public/maternity/waitakere-hospital-maternity-services-waitemata/](http://www.healthpoint.co.nz/public/maternity/waitakere-hospital-maternity-services-waitemata/)