1. PATIENTS WHO HAVE SEVERE HYPOGLYCAEMIA OR FREQUENT HYPOGLYCAEMIA

2. NEWLY DIAGNOSED TYPE 1 PATIENTS

3. TYPE 1 WHO ARE HYPERGLYCAEMIC AND NAUSEATED/VOMITING

Please phone the DIABETES REGISTRAR **Monday to Friday 0800-1600**, on **09 276 1999** (speak to Operator). If out of hours and patient is unwell please phone and discuss with medical registrar on call.

**CONTACT NUMBERS**

Whitiora Diabetes **09 276 0006**. The office is often unattended, so please leave a message and your call will be returned. If it’s a pressing matter phone the hospital operator and ask to have Diabetes Nurse at the hospital, or the Diabetes Registrar paged.

You may prefer to fax **09 276 0093** or email **cbboyes@middlemore.co.nz**

**CHECKING SCHEDULED APPOINTMENTS**

Diabetes including Nurse Specialist, Dietitian, Podiatrist, Consultant **09 2760044 ext 3825 / 3823** if you have to leave a message your call will be returned.

**RETINAL SCREENING/OPHTHALMOLOGY**  Cheryl Hopokingi - **09 2760044 ext 4754**

**HEALTH PSYCHOLOGIST**  **09 2760006**

**RENAL ADVICE**  Hannah Cattaway - **09 2760044 ext 8513**

**RENAL CONSULTANT**  Mark Marshall - **09 2760044 ext 2523 / 021 461766**

**CARDIOVASCULAR**  Andy McLachlan - **021 469512**

**DIABETES & PREGNANCY MIDWIFE**  Susie Duckmanton - **09 2760044 ext 8189 / 021 2802852**

**TYPE 1 AND TYPE 2 DIABETES PATIENTS**

- PERSISTENT POOR CONTROL DESPITE OPTIMISATION OF MEDICATION AND LIFESTYLE ADVICE
- UNCONTROLLED HYPERTENSION AND LIPIDS
  Please refer to guidelines at www.nzgg.org.nz - click on Guidelines and then Endocrinology
- PATIENTS WITH END ORGAN DAMAGE SUCH AS:
  - Renal Impairment
  - Proteinuria
- PATIENTS WITH RAPID DETERIORATION IN CREATININE. REFER TO RENAL SERVICE WHEN CREATININE > 0.15

**IHD & DIABETES**

We offer group education for patients with diabetes (Whanau welcome) for newly diagnosed diabetics or those who feel they would benefit from a refresher course

Patients with gastroparesis or coeliac disease

Underweight*

Morbidly obese BMI> 40

Patients needing food supplements

These referrals do not negate the basic dietetic advice and lifestyle education which is provided first by your GP in Primary Care.