We are taking new enrolled patients now. Talk to reception if you, or your extended family would like to become a patient with the GP Clinic.

We sadly say farewell to Dr Edwards on 4th July—Dr Emily was here for one year from the UK and she heads back there in time to have her baby. We have been so lucky to have had such a fabulous GP in Emily—we wish her all the best.

Watch this space for information about our new GP coming soon—and we still have our fab five GP’s as below.

IMPORTANT NOTICE ABOUT FLU VACCINE—JUNE
You may know from the media, that there is now a NZ wide shortage of the flu vaccine—currently we have NO vaccines so we are unable to give you your flu shot. We are waiting to hear if we will get limited stocks which will be available for those patients who fit the Ministry of Health criteria and are eligible for a funded Flu shot—these are—Pregnant Women / Children 4 years and under with serious respiratory disease & other serious diagnosed health conditions

Limited stocks of the flu vaccine are currently available, unfunded, at—

- Guys Pharmacy Roselands, Papakura – cost = $29.00
- Chemist Warehouse Manukau – Westfield Mall – cost = $20.00

More information will be made available through the media and we will update you as things change. Westrongly recommend you get your flu shot each year as soon as they become available (April) to avoid missing out—and to get your best winter protection.

FEEL FREE TO ASK AT RECEPTION IF YOU WISH TO WEAR A MASK WHILE IN THE WAITING ROOM, AND THIS CAN BE PROVIDED FOR YOU.
Do everything you can to avoid the flu—handwashing, care when coughing and sneezing, keep well hydrated with water and stay warm.

Doctors Availability
Dr Alex—Monday to Thursday
Dr Thomas—Tue, Wed, & Fri
Dr Edwards—Mon, Tue, Wed & Thur
Dr Erhorn—Wed, Thur & Fri
Dr Kannan—Monday to Friday
Dr Sobaleva—Mon, Tue, Thur, & Fri

Your Doctors
Dr. Nishi Alex
Dr Marie Thomas
Dr Emily Edwards
Dr Angie Erhorn
Dr Kannan Palaniappan
Dr Lana Sobaleva

Your Nurses
Linda, Gay, Mumtaz, Erin
Nixie, Jandeep, Ebony

MEASLES OUTBREAK
As you know from the news, South Auckland is being hit hard with people contracting the measles—a very highly contagious disease which can cause serious complications.

The best protection is immunization—you need to have 2 doses of the MMR vaccine—Have you?

Spread is via saliva or droplet from sneezing, coughing or talking—it can spread so easily.

Are you protected?
Ask the nurse or your Doctor today—find out more ... google ‘Measles’ and look at the NZ information there.
Standard GP appointments are 15 mins long—this gives you time to discuss one or two problems with the Doctor. We try very hard to keep to time so that other patients don’t wait for their booked appointment slot.

If you have more issues to discuss, you can make another 15 minute appointment or arrange for a double appointment of 30 mins. There is a charge for double appointments.

WHILE IN WITH THE DOCTOR OR NURSE PLEASE MAKE SURE THAT YOU ARE NOT ON YOUR CELLPHONE OR ANSWER CALLS ON YOUR PHONE DURING YOUR APPOINTMENT

Why we contact you by phone; text; email -

Counties Medical GP Clinic cares about working with you to improve your health. For this reason, there are a number of things we may contact you for. This could be a reminder about screening tests you are due for like smears, mammograms, blood pressure checks or that your child is due their immunisations.

This means it is very important we have your up to date contact telephone numbers and email address. We now send regular updates on email and we don’t want you to miss out on these.

Check on your arrival slip when you are next in the clinic and if these details are NOT correct, please see the receptionist to update these. If you know your details have changed you can email these updates anytime to reception@takaninifamilycare.co.nz

Have we got your updated contact details— phone; mobile, address, email address???

Every appointment slot is precious—help us to help everyone…

Phoning the clinic to say you can’t make it is so important—

We often have times when patients just don’t show up for their booked appointments with the Doctor or the Nurse.

This means we have a valuable appointment space wasted, that could have gone to another patient in need.

If you are unable to attend an appointment, please ensure you phone the clinic at least one hour before. A receptionist will phone you if you miss your appointment to make sure that you are OK but also to remind you that there may be a fee for you to pay.

WHAT ARE THE FLASHING LIGHTS ABOUT AT RECEPTION ??

We have a kiosk to the left of front reception—rather than waiting in the queue when you arrive for your appointment, you can use the kiosk. Just follow the prompts after you touch the screen to get started. An arrival slip will be printed for you—then take a seat and the Doctor will come and get you. Its that easy.

Arriving LATE for booked appointments—if you arrive ten or more minutes late for your GP appointment you will not be able to be seen. Keeping to time is so important given the nature of the work we do. Because medical issues often bring up emergencies, we make every effort to keep to time. Phone us if you are going to be late and we will let you know if you will need to make another appointment.

The GP Clinic has the patient portal—this allows our enrolled patients to book or change appointments on line, request repeat prescriptions and also see their lab test results—if you would like to be able to use this convenient portal, ask at reception about registering for it—you can access it from any internet source—at home, at work, on your mobile phone. Make life easier for yourself -

Another reminder to sign up to the portal today !