

Getting started

Te timatanga

On arrival to the ward you will be welcomed by nursing staff or the ward clerk and allocated to a room (you may be required to move rooms whilst in hospital). You will be given a pre-admission form to complete and you or a relative must sign this. You will be issued with an identification bracelet – please ensure it is always worn.

Hospital admission

Te uru tanga ki te hohipere

Meal service

All meals are provided to patients. Menus will be issued with your breakfast – please fill these out by 10 am. Your nurse can assist you if required. Meals are not provided to family who are staying but they may be purchased through the kitchen.

Following is a general guide to mealtimes:

- Breakfast is between 8.00 and 8.30 am
- Morning tea is from 10.00 am
- Lunch is between 12.00 and 12.30 pm
- Afternoon tea is from 3.00 pm
- Dinner is between 5.00 and 6.00 pm
- Tea or Milo is available from 7.00 pm

You can keep a supply of your own biscuits in an airtight container unless you are on a special hospital diet. Tea and coffee making facilities are available for patients. Check with your nurse.

Laundry

Please arrange for someone to do your personal washing for you whilst in hospital. Please contact the nursing services manager if you do not have anyone to do it for you.

Leaving the ward

Please do not leave the ward without informing your nurse. For safety reasons and to ensure you get proper care we must always know your whereabouts.

Meals on Wheels and home help

If you have been using Meals on Wheels or other home help services, please ask a nurse to cancel them while you are in hospital.

Smokefree

Dargaville Hospital and surrounds is smokefree, which means no smoking is permitted on our grounds. Please tell your nurse if you would like to be referred to the Te Tai Tokerau Northland quit coach. No drugs or alcohol may be consumed on the premises.