



Starship
Day Stay Unit

Level
5

Welcome to Starship Day Stay Unit

Information for
Families/ Whānau



Welcome *Haere Mai* | Respect *Manaaki* | Together *Tūhono* | Aim High *Angamua*

AUCKLAND
DISTRICT HEALTH BOARD
Te Toka Tumai

Welcome to Ward 25, Day Stay Unit, Level 5, Starship Child Health.

NOTE: We recommend you arrange to be dropped off and picked up as the parking is limited.

Parking and how to find us

Parking is available and we recommend you arrange to be dropped off and picked up as parking can be limited. There is a carpark A (Park Road) and carpark B (Grafton Road) – Closest public parking to Starship is carpark B, which is also sign-posted from the main entrance on Park Road.

Please allow plenty of time to park.

- ★ From Car Park B, enter via main entrance **B** opposite car park B.
- ★ Follow signs and the blue line on floor into Starship Hospital.
- ★ Once in Starship follow the signs in the corridor to the lift banks and proceed to level 5, ward 25.
- ★ From carpark A (Park Road) – Enter main hospital entrance **A** at Level 5 – Follow signs to Starship.



Preparation

Welcome to Day Stay we know that coming to hospital can be stressful, here are some things that you need to consider when preparing your child.

A parent(s) or your child's legal guardian is required to be present to provide consent for the procedure.

Due to space constraints we ask that no more than two adults and no other children accompany each child. We encourage a caregiver to stay with the child during the whole stay.

Eating and drinking:

Please do not give your child anything to eat or drink after the time listed on the admission letter. If your child does eat or drink after the specified time the operation may have to be delayed or postponed.

It s a good idea to bring with you:

- ★ Nappies
- ★ Clean pyjamas
- ★ Favourite toy or cuddly
- ★ Baby's bottle or cup with favourite drink and a light snack for after the operation
- ★ Mobile device (phone, device can be a Ipad or tablet etc.) and charger
- ★ or anything that might help pass the day

Timing:

The time shown on the letter is the time of arrival not the operation time.

On the day of admission to the Day Stay Unit, please keep the whole day free.

We are unable to give you a precise time for your child's surgery.

Emergency cases may need to take priority, but we will always keep you informed of any changes.

Preparing your child for hospital

In preparing your child there are a few things you can do to help their admission be a positive experience.

- ★ Encourage your child to choose their favourite toy & PJ's to bring with them
- ★ Explain with honesty why your child is coming to hospital being careful to use child friendly language that is understood by your child
- ★ On the day of your visit a play specialist at Day Stay is available to help you prepare your child for theatre and other procedures
- ★ You are welcome to seek the support of the Hospital Play Specialist to help you prepare your child

You are welcome to visit prior to your admission date. This will give you and your child the opportunity to meet the team, see the unit and ask any questions.

For an appointment to view the unit and meet with the play specialist please phone 09 307 4949 and ask for extension 25620.

Care at home

Depending upon the procedure, your child may require extra care at home and may need time off school.

Note: If your child has had an illness in the week before surgery, please contact your GP.

E.g.: *Diarrhea, chicken pox/ exposure to chicken pox, cough, cold, fevers and or rash.*

Nation-wide Health & Disability Advocacy Service

- ★ A free service is available to help you understand our Health Care Service, **please phone 0800 555 050 if you need support.**
- ★ **The Consumer Liason Team** is available to assist you with any comments you may have regarding our service **on 09 630 9876.**



Child Health

**Day Stay Unit
Ward 25/ Level 5**

Queries:

Phone 09 307 4949

Extension 25620