



Continence Service - Nursing

Waitematā District Health Board's Continence Service is provided in the community by continence nurse specialists. The continence nurse specialists are nurses who are specifically trained to support you in managing your continence issues. Referrals are accepted from medical professionals, community agencies, individuals and families.

A continence nurse specialist or district nurse will complete an assessment with you. The assessment is an informal discussion between you and the nurse and occurs in the home setting or at a clinic, based within the Home Health Service.

A continence nurse specialist will review your assessment and options for the management of your continence issue will be discussed with you. You may be referred on to other health professionals if this would benefit you and help you to achieve a better outcome.

Should you have any queries in regard to continence products **supplied** to you, please phone the clerical support person on:

(09) 442-3242 and follow the prompts by pressing:

- 1** if you live in **Rodney**
- 2** for **all other areas**.

You will remain under the care of the Continence Service as long as you are receiving supplies. Please contact your continence nurse specialist for any other advice or concerns you may have.

We look forward to working with you to ensure your needs are being met while supporting your independence.

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This information is correct at date of issue. Always check in the relevant Waitemata DHB policy manual that this copy is the most recent version.