

Kidz First Community - Centre for Youth Health

Youth Health Workshops 2025

CMH employees can book for trainings via employee Kiosk.

Other Health NZ Te Whatu Ora staff and School Nurses please contact the Centre for Youth Health

Phone: 09 261 2272

**E-mail:
cfyh@middlemore.co.nz**

FEE: \$75

(Free for Health New Zealand Te Whatu Ora Staff and School Nurses)

We regret that CFYH is unable to give refunds. Arrangements can be made for credits for future trainings.

The Youth Health Workshops provide practical programs to enhance professional skills when working with young people in clinical and community settings. The Centre for Youth Health is happy to consider additional training for health providers if requested– Please contact us to discuss this possibility.

Workshops include:

- Youth Health 101- Clinical Skills for working with Young People**
- Working with Transgender Children and Young People**

WHERE:

Auckland Botanical Gardens (Friends Room building or Logan Campbell building) and Youthline Papatoetoe

TIME: 8.30am-4pm (Registration from 8.00am)

Bookings are essential

Confirmation will be given on receipt of registration form and payment (for staff that is not employed/contracted by Health NZ Te Whatu Ora).

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Please check our website for updates on times, dates, and information about courses.

<https://www.healthpoint.co.nz/public/paediatrics/kidz-first-centre-for-youth-health/>

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YOUTH HEALTH 101- CLINICAL SKILLS IN YOUTH HEALTH

18 MARCH, 15 MAY, 31 JULY, 09 SEPTEMBER, and 23 OCTOBER.

A one-day introduction to clinical practice in youth health including: adolescent development, communication, and engagement with young people; using the HEeADSSS assessment model and an introduction to basic intervention skills when working with young people.

WHO SHOULD ATTEND? Anyone working with young people.

WORKING WITH TRANSGENDER CHILDREN AND YOUNG PEOPLE (full day)

29 May and 30 October

This full day workshop is an introduction to working with gender diverse young people; this workshop will cover assessment including supporting exploration of gender identity, options for gender affirming medical care and links to resources.

WHO SHOULD ATTEND? Health professionals who will be caring for children and young people who are accessing medical care for concerns around

POSTGRADUATE STUDY IN YOUTH- 2025

For further information, see The University of Auckland website:

<https://www.auckland.ac.nz/en/study/study-options/find-a-study-option/youth-health/postgraduate-study.html>

Alternatively send academic enquiries to

Dr. Louise Albertella

Email:

Louise.albertella@middlemore.co.nz



CLINICAL YOUTH HEALTH (PAEDS 712)

Semester One: Core skills in youth health including: effective engagement, assessment & intervention skills for working with young people in a range of clinical or community settings. This course has some content online, with block teaching days available either in person or via zoom.

POPULATION YOUTH HEALTH (PAEDS 708)

Semester One: This course aims to prepare students for a role in youth health in a variety of location and sectors. In doing this, students are exposed to current research and practice relating to population youth health and evidence-based health care. This course is taught with blend of on-line and one day block teaching available either in person or via zoom

HEALTH, EDUCATION AND YOUTH DEVELOPMENT (PAEDS 719)

Semester Two: This course offers insights and strategies to work with young people in the rapidly developing health and education sector interface. This course will be taught with a blend of on-line and on campus delivery (2 days). This course is highly relevant for health professionals working in schools.

CLINICAL CARE OF ADOLESCENTS AND YOUNG ADULTS WITH CANCER (PAEDS 721)

Semester Two (next offered 2026) This is an applied clinical course for health professionals who care for adolescents and young adults with cancer. This course requires that students have previously completed PAEDS 712 or are currently enrolled in PAEDS 712. The students who wish to enroll in PAEDS 721 needs prior approval.